

# Circular Head

LOCAL GOVERNMENT AREA



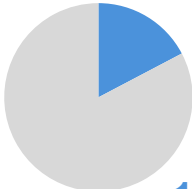
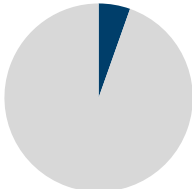
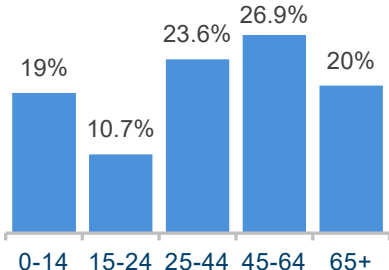
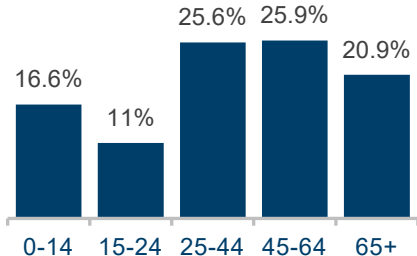
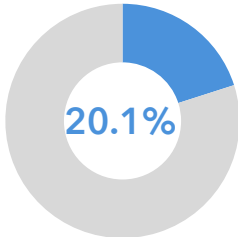
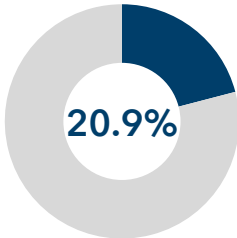
Health is closely tied to our daily environment. This Community Health Check presents information about the environmental, social and economic state of the Circular Head local government area.

## Community Health Check 2023



# About us



	Circular Head LGA	Tasmania																								
Our population	8,117	557,571																								
Aboriginal population	 17.3%	 5.4%																								
Population by age	 <table><thead><tr><th>Age Group</th><th>Percentage</th></tr></thead><tbody><tr><td>0-14</td><td>19%</td></tr><tr><td>15-24</td><td>10.7%</td></tr><tr><td>25-44</td><td>23.6%</td></tr><tr><td>45-64</td><td>26.9%</td></tr><tr><td>65+</td><td>20%</td></tr></tbody></table>	Age Group	Percentage	0-14	19%	15-24	10.7%	25-44	23.6%	45-64	26.9%	65+	20%	 <table><thead><tr><th>Age Group</th><th>Percentage</th></tr></thead><tbody><tr><td>0-14</td><td>16.6%</td></tr><tr><td>15-24</td><td>11%</td></tr><tr><td>25-44</td><td>25.6%</td></tr><tr><td>45-64</td><td>25.9%</td></tr><tr><td>65+</td><td>20.9%</td></tr></tbody></table>	Age Group	Percentage	0-14	16.6%	15-24	11%	25-44	25.6%	45-64	25.9%	65+	20.9%
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Born outside Australia	 20.1%	 20.9%																								
Median age in years	41	42																								

Source: Our population, Aboriginal population, Population by age, Born outside Australia, and Median age in years: Australian Bureau of Statistics, 2021 Census All persons QuickStats, Local Government Areas, Circular Head

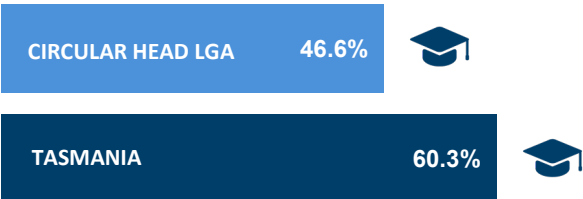
# Social and economic conditions



## Education

The proportion of people in the Circular Head LGA who have completed Year 12 and above is less than the proportion for Tasmania.

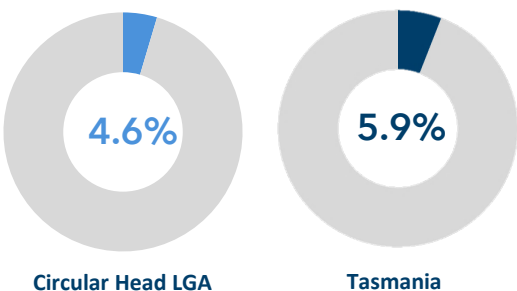
PER CENT OF ELIGIBLE POPULATION WHO HAVE COMPLETED YEAR 12 AND ABOVE



Higher education levels are associated with better health outcomes.

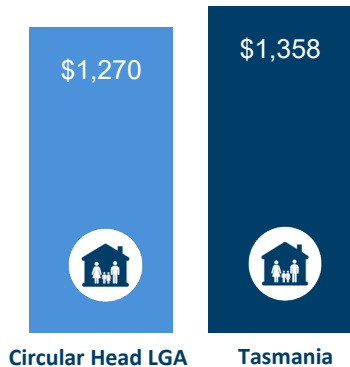
## Unemployment rates

The rate of people in the Circular Head LGA who are unemployed is less than the rate in Tasmania overall.



## Median weekly income

Weekly income per household is less in the Circular Head LGA than in the rest of Tasmania.



## Motor vehicles

Ninety four percent of households in the Circular Head LGA have one or more motor vehicles.



## Home ownership

The number of people in the Circular Head LGA who own their homes outright is similar to the rest of Tasmania.

	Circular Head	Tasmania
Owned outright	37.4%	37.1%
Owned with mortgage	32.5%	33%
Rented	22%	26.4%

Source: Education, Unemployment rates, Median weekly income, Motor vehicles, Home ownership: Australian Bureau of Statistics 2021, Census All persons QuickStats, Local Government Areas, Circular Head

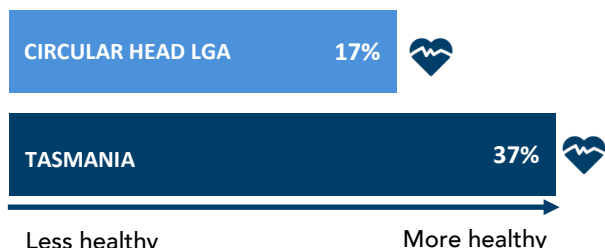
# Healthy living



## Self-reported health

Seventeen per cent (17%) of Circular Head residents rated their health as “excellent” or “very good”. This is lower than the rate for Tasmania.




### ADULTS REPORTING THEIR OWN HEALTH AS ‘EXCELLENT’ OR ‘VERY GOOD’



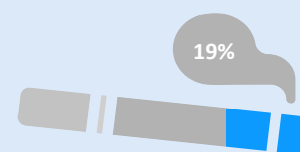
How people feel about their own health, their state of mind and their life in general is a common measure of health. (Australia's Health 2018. AIHW)

## Risk factors

Risk factors are conditions or behaviours that make it more likely people will get a chronic condition or health problem. People who live in the Circular Head LGA have higher rates of risk factors for chronic disease.

	Circular Head	Tasmania
 <b>Overweight/obese body mass index (BMI)</b>	<b>70%</b>	<b>58%</b>
 <b>Current smoker</b>	<b>19%</b>	<b>12%</b>
 <b>Consumes two or more drinks per day*</b>	<b>19%</b>	<b>19%</b>
 <b>Insufficient moderate/vigorous activity+</b>	<b>26%</b>	<b>11%</b>
 <b>Less than two serves of vegetables per day^</b>	<b>95%</b>	<b>91%</b>
 <b>Less than two serves of fruit per day^</b>	<b>54%</b>	<b>53%</b>

In the Circular Head LGA, around 19% of people aged 18 years and over, are daily and current smokers.



Source: Self-reported health and Risk factors: Department of Health and Human Services Report on the Tasmania Population Health Survey 2019

\*2009 National Health and Medical Research Council alcohol guidelines

+2014 National Health and Medical Research Council physical activity guidelines

^2013 National Health and Medical Research Council dietary guidelines

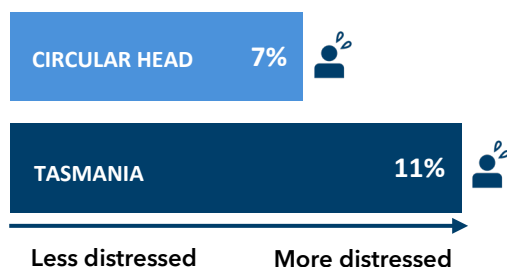
# Healthy living



## Psychological distress

Fewer adults in the Circular Head LGA are likely to experience high or very high levels of psychological distress compared with Tasmania overall.

### PEOPLE WITH HIGH OR VERY HIGH LEVELS OF PSYCHOLOGICAL DISTRESS



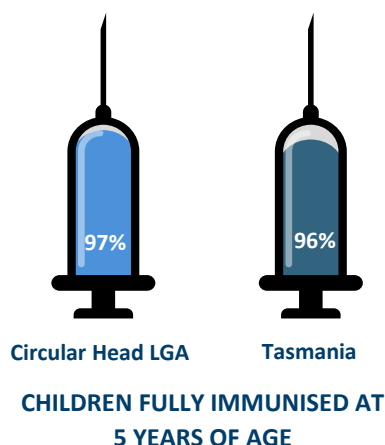
Psychological distress is a term used to describe unpleasant feelings or emotions that can influence how we function in daily life.

## Health care



### Immunisations

Ninety-7 per cent (97%) of children in the Circular Head LGA are fully immunised by the age of five, which is higher than the rate for Tasmania.



### GP and emergency department encounters



During 2019-2021, 11,981 people from the Circular Head LGA had an encounter with a general practitioner\*



On average each year during 2020 – 2022, 803 individuals from the Circular Head LGA visited an emergency department (96 people per 1,000 population<sup>^</sup>), with an average of 1,381 ED presentations per year (165 ED presentations per 1,000 population<sup>^</sup>)

<sup>^</sup>Estimated average population for 2022=8,367

Sources: Psychological distress: Department of Health and Human Services Report on the Tasmanian Population Health Survey 2013  
Immunisations: Primary Health Information Development Unit, Social Health Atlas of Australia: Local Government Areas; Compiled based on data provided by Australian Childhood Immunisation Register, Medicare Australia, 2021. GP encounters: Primary Health Information Network (PHIN) dataset (General Practice dataset), Analysed by Primary Health Tasmania; accessed October 2022  
Emergency department encounters: Department of Health and Human Services, Health Central Data Warehouse, Tasmania. Analysed by Primary Health Tasmania; accessed November 2023 \*Individual totals may be higher due to patients potentially visiting more than one practice outside an LGA area or possible de-identification linkage errors from patient administration extraction software.

# Health outcomes



## Public hospital admissions

During the five years from 2018-19 – 2022-23 there were 11,545 admissions to Tasmanian public hospitals from the Circular Head LGA area, with 6,231 overnight stays.

### TOP FIVE CAUSES FOR OVERNIGHT ADMISSIONS



**Factors influencing health status and contact with health services\***



**Women giving birth**



**Acute myocardial infarction (heart attack)**



**Pneumonia**

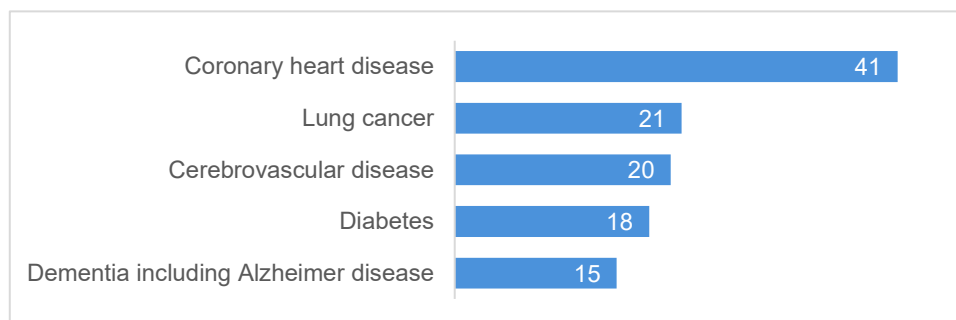


**Cellulitis**

## Causes of death

During 2017-2021 coronary heart disease (12.7%), lung cancer (6.5%), cerebrovascular disease (6.2%), diabetes (5.6%), and dementia including Alzheimer disease (4.6%) were the leading causes of the 323 deaths in the Circular Head LGA area.

### TOP CAUSES OF DEATH 2017-2021, BY NUMBER



### ALL CAUSES

**323**

Sources: Public hospital admissions: Department of Health and Human Services, Health Central Data Warehouse, Tasmania. Analysed by Primary Health Tasmania; Accessed November 2023; \*Includes i) examination and investigation, ii) communicable diseases, iii) related to socioeconomic and psychosocial circumstances, iv) health services in other circumstances and v) related to family and personal history and certain conditions influencing health status  
Causes of death: Mortality over Regions and Time (MORT) book, LGA, 2017-2021, accessed November 2023.

The Tasmanian Community Health Checks feature information about the 29 Local Government Areas (LGAs) in Tasmania. For reports on the other 28 LGAs, please visit [primaryhealthtas.com.au](https://primaryhealthtas.com.au) and search for [Community Health Checks](#) or email [info@primaryhealthtas.com.au](mailto:info@primaryhealthtas.com.au).

*This data is sourced as part of Primary Health Tasmania's ongoing provider support activity. While extensive efforts have been made to ensure this information is as accurate as possible, the data is gleaned from multiple public and private organisations via visits and web searches, and Primary Health Tasmania cannot attest to the continued veracity of this dataset as practice and practitioner details change continually. The information presented is accurate as of November 2023. For the most current information, please go to [www.phnexchange.com.au](https://www.phnexchange.com.au).*