



# Clarence

LOCAL GOVERNMENT AREA



Health is closely tied to our daily environment. This Community Health Check presents information about the environmental, social and economic state of the Clarence local government area.

**Community Health Check 2023** 



# **About us**



	Clarence LGA	Tasmania 557,571	
Our population	61,531		
Aboriginal population	4.3%	5.4%	
Population by age	26.8% 24.7% 17.2% 10.4% 20.9% 0-14 15-24 25-44 45-64 65+	25.6% 25.9% 16.6% 11% 0-14 15-24 25-44 45-64 65+	
Born outside Australia	18.3%	20.9%	
Median age in years	41	42	

Sources: Our population, Aboriginal population, Population by age, Born outside Australia, and Median age in years: Australian Bureau of Statistics, 2021 Census All persons QuickStats, Local Government Areas, Clarence

### Social and economic conditions



#### **Education**

The proportion of people in the Clarence LGA who have completed Year 12 and above is greater than the proportion for Tasmania overall.

PER CENT OF ELIGIBLE POPULATION WHO HAVE COMPLETED YEAR 12 AND ABOVE



Higher education levels are associated with better health outcomes.

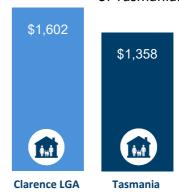
### **Unemployment rates**

The rate of people in the Clarence LGA who are unemployed is less than the rate in Tasmania overall.



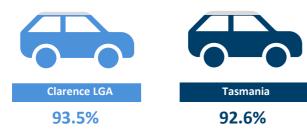
### Median weekly income

Weekly income per household is higher in the Clarence LGA than in the rest of Tasmania.



### **Motor vehicles**

Ninety-three per cent (93.5%) of households in the Clarence LGA have one or more motor vehicles.



### Home ownership

The number of people in the Clarence LGA who own their homes outright is similar to the rest of Tasmania.

	Clarence	Tasmania
Owned outright	37%	37.1%
Owned with mortgage	37.3%	33%
Rented	22.7%	26.4%

Source: Education, Unemployment rates, Median weekly income, Motor vehicles, Home ownership: Australian Bureau of Statistics 2021, Census All persons QuickStats, Local Government Areas, Clarence

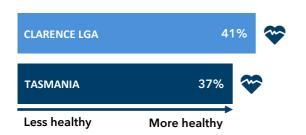
# **Healthy living**



### Self-reported health

Forty-one per cent (41%) of Clarence residents rated their health as "excellent" or "very good". This is higher than the rate for Tasmania.

#### ADULTS REPORTING THEIR OWN HEALTH AS 'EXCELLENT' OR 'VERY GOOD'



How people feel about their own health, their state of mind and their life in general is a common measure of health. (Australia's Health 2018. AIHW)

### **Risk factors**

Risk factors are conditions or behaviours that make it more likely people will get a chronic condition or health problem.

		Clarence	Tasmania
•	Overweight/obese body mass index (BMI)	52%	58%
9	Current smoker	7%	12%
	Consumes 2 or more drinks per day*	19%	19%
<b>茨</b>	Insufficient moderate/vigorous activity+	13%	11%
	Less than two serves of vegetables per day^	90%	91%
ď	Less than two serves of fruit per day^	54%	53%

In the Clarence LGA, around 7% of people aged 18 years and over, are daily and current smokers, which is lower than the rate for Tasmania.



Source: Self-reported health and Risk factors: Department of Health and Human Services Report on the Tasmania Population Health Survey 2019

<sup>\*2009</sup> National Health and Medical Research Council alcohol guidelines

<sup>&</sup>lt;sup>+</sup>2014 National Health and Medical Research Council physical activity guidelines

<sup>^2013</sup> National Health and Medical Research Council dietary guidelines

# **Healthy living**



### **Psychological distress**

Fewer adults in the Clarence LGA are likely to experience high or very high levels of psychological distress compared with Tasmania overall.

#### PEOPLE WITH HIGH OR VERY HIGH LEVELS OF PSYCHOLOGICAL DISTRESS



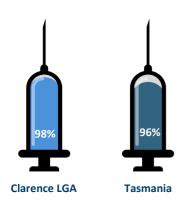
Psychological distress is a term used to describe unpleasant feelings or emotions that can influence how we function in daily life.

### Health care



#### **Immunisations**

Ninety-eight per cent (98%) of children in the Clarence LGA are fully immunised by the age of five, which is higher than the rate for Tasmania.



CHILDREN FULLY IMMUNISED AT 5 YEARS OF AGE

# **GP and emergency** department encounters



During 2019–2021, 62,758 individuals from the Clarence LGA had an encounter with a general practitioner\*



On average each year during 2020-2022, 7,081 individuals visited an emergency department (112 people per 1,000 population^), with an average of 13,687 presentations per year (217 ED presentations per 1,000 population^)

^Estimated average population for 2022=63,086

Sources: Psychological distress: Department of Health and Human Services Report on the Tasmanian Population Health Survey 2013 Immunisations: Primary Health Information Development Unit, Social Health Atlas of Australia: Local Government Areas; Compiled based on data provided by Australian Childhood Immunisation Register, Medicare Australia, 2021. GP encounters: Primary Health Information Network (PHIN) dataset (General Practice dataset), Analysed by Primary Health Tasmania; accessed October 2022 Emergency department encounters: Department of Health and Human Services, Health Central Data Warehouse, Tasmania. Analysed by Primary Health Tasmania; accessed November 2023 \*Individual totals may be higher due to patients potentially visiting more than one practice outside an LGA area or possible de-identification linkage errors from patient administration extraction software.

### Health outcomes

### **Public hospital admissions**



During the five years from 2018-19 to 2022-23 there were 71,270 admissions to Tasmanian public hospitals from the Clarence LGA area, with 31,913 overnight stays.

#### **TOP FIVE CAUSES FOR OVERNIGHT ADMISSIONS**



Factors influencing health status and contact with health services\*



Women giving birth



**Pneumonia** 



Other chronic obstructive pulmonary disease

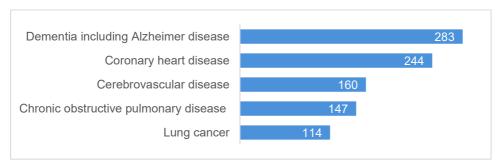


**Heart failure** 

### Causes of death

During 2017-2021 dementia including Alzheimer disease (11.3%), coronary heart disease (9.8%), cerebrovascular disease (6.4%), chronic obstructive pulmonary disease (5.9%), and lung cancer (4.6%) were the leading causes of the 2,499 deaths in the Clarence LGA area.

#### **TOP CAUSES OF DEATH 2017-2021, BY NUMBER**



2,499

Sources: Public hospital admissions: Department of Health and Human Services, Health Central Data Warehouse, Tasmania. Analysed by Primary Health Tasmania; Accessed November 2023; \*Includes i) examination and investigation, ii) communicable diseases, iii) related to socioeconomic and psychosocial circumstances, iv) health services in other circumstances and v) related to family and personal history and certain conditions influencing health status

Causes of death: Mortality over Regions and Time (MORT) book, LGA, 2017-2021, accessed November 2023.

The Tasmanian Community Health Checks feature information about the 29 Local Government Areas (LGAs) in Tasmania. For reports on the other 28 LGAs, please visit primaryhealthtas.com.au and search for Community Health Checks or email info@primaryhealthtas.com.au.

This data is sourced as part of Primary Health Tasmania's ongoing provider support activity. While extensive efforts have been made to ensure this information is as accurate as possible, the data is gleaned from multiple public and private organisations via visits and web searches, and Primary Health Tasmania cannot attest to the continued veracity of this dataset as practice and practitioner details change continually. The information presented is accurate as of November 2023. For the most current information, please go to <a href="https://www.phnexchange.com.au">www.phnexchange.com.au</a>.