



# Hobart

LOCAL GOVERNMENT AREA



Health is closely tied to our daily environment. This Community Health Check presents information about the environmental, social and economic state of the Hobart local government area.

**Community Health Check 2022** 



# **About us**



	Hobart LGA	Tasmania	
Our population	55,077	557,571	
Aboriginal population	1.6%	5.4%	
Population by age	32.2% 23.4% 18.2% 0-14 15-24 25-44 45-64 65+	25.6% 25.9% 16.6% 11% 0-14 15-24 25-44 45-64 65+	
Born outside Australia	32.7%	20.9%	
Median age in years	37	42	

Sources: Our population, Aboriginal population, Population by age, Born outside Australia, and Median age in years: Australian Bureau of Statistics, 2021 Census All persons QuickStats, Local Government Areas, Hobart

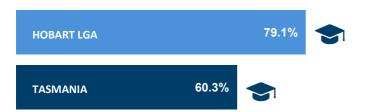
# Social and economic conditions



### **Education**

The proportion of people in the Hobart LGA who have completed Year 12 and above is greater than the proportion for Tasmania overall.

PER CENT OF ELIGIBLE POPULATION WHO HAVE COMPLETED YEAR 12 AND ABOVE



Higher education levels are associated with better health outcomes.

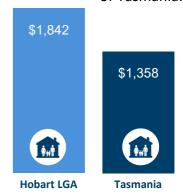
## **Unemployment rates**

The rate of people in the Hobart LGA who are unemployed is greater than in Tasmania overall.



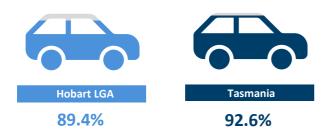
# Median weekly income

Weekly income per household is higher in the Hobart LGA than in the rest of Tasmania.



### **Motor vehicles**

Eighty-nine per cent (89.4%) of households in the Hobart LGA have one or more motor vehicles.



# Home ownership

Fewer people in the Hobart LGA own their homes outright, compared with the rest of Tasmania.

	Hobart	Tasmania
Owned outright	34.7%	37.1%
Owned with mortgage	26.7%	33%
Rented	35.6%	26.4%

Source: Education, Unemployment rates, Median weekly income, Motor vehicles, Home ownership: Australian Bureau of Statistics 2021, Census All persons QuickStats, Local Government Areas, Hobart

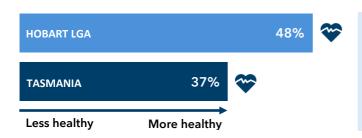
# **Healthy living**



# Self-reported health

Forty-eight per cent (48%) of Hobart LGA residents rated their health as "excellent" or "very good". This is higher than the rate for Tasmania.

#### ADULTS REPORTING THEIR OWN HEALTH AS 'EXCELLENT' OR 'VERY GOOD'



How people feel about their own health, their state of mind and their life in general is a common measure of health. (Australia's Health 2018. AIHW)

#### **Risk factors**

Risk factors are conditions or behaviours that make it more likely people will get a chronic condition or health problem.

	Hobart	Tasmania
Overweight/obese body mass index (BMI)	47%	58%
Current smoker	8%	12%
Consumes 2 or more drinks per day*	25%	19%
Insufficient moderate/vigorous activity+	8%	11%
Less than two serves of vegetables per day^	91%	91%
Less than two serves of fruit per day^	49%	53%

In the Hobart LGA, around 8% of people aged 18 years and over, are daily and current smokers, which is lower than the rate for Tasmania.



Source: Self-reported health and Risk factors: Department of Health and Human Services Report on the Tasmania Population Health Survey 2019

<sup>\*2009</sup> National Health and Medical Research Council alcohol guidelines

<sup>&</sup>lt;sup>+</sup>2014 National Health and Medical Research Council physical activity guidelines

<sup>^2013</sup> National Health and Medical Research Council dietary guidelines

# Healthy living



# **Psychological distress**

Fewer adults in the Hobart LGA are likely to experience high or very high levels of psychological distress compared with Tasmania overall.

#### PEOPLE WITH HIGH OR VERY HIGH LEVELS OF PSYCHOLOGICAL DISTRESS



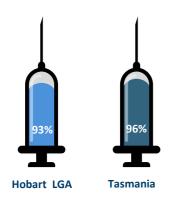
Psychological distress is a term used to describe unpleasant feelings or emotions that can influence how we function in daily life.

# Health care



### **Immunisations**

Ninety-three per cent (92.9%) of children in the Hobart LGA are fully immunised by the age of five, which is lower than the rate for Tasmania.



CHILDREN FULLY IMMUNISED AT 5 YEARS OF AGE

# **GP** and emergency department encounters



During 2019-2021, 60,248 people from the Hobart LGA had an encounter with a general practitioner\*

On average each year during 2019-2021, 7,139 individuals from the Hobart LGA visited an emergency department (127 people per 1,000 population^), with an average of 10,638 ED presentations per year (189 ED presentations per 1,000 population^)

^Estimated average yearly population for 2019-21=56,307

Sources: Psychological distress: Department of Health and Human Services Report on the Tasmanian Population Health Survey 2013 Immunisations: Primary Health Information Development Unit, Social Health Atlas of Australia: Local Government Areas; Compiled based on data provided by Australian Childhood Immunisation Register, Medicare Australia, 2018. GP encounters: Primary Health Information Network (PHIN) dataset (General Practice dataset), Analysed by Primary Health Tasmania; accessed October 2022 Emergency department encounters: Department of Health and Human Services, Health Central Data Warehouse, Tasmania. Analysed by Primary Health Tasmania; accessed October 2022 \*Individual totals may be higher due to patients potentially visiting more than one practice outside an LGA area or possible de-identification linkage errors from patient administration extraction software.

# Health outcomes

### **Public hospital admissions**



During the five years from 2017-18 to 2021-22 there were 49,779 admissions to Tasmanian public hospitals from the Hobart LGA, with 21,985 overnight stays.

**TOP FIVE CAUSES FOR OVERNIGHT ADMISSIONS** 



Factors influencing health status and contact with health services\*



Women giving birth



Schizophrenia



**Cerebral infarction** 



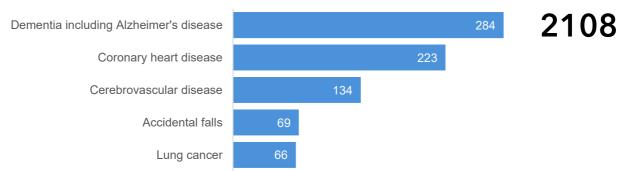
Mental and behavioural disorders due to use of alcohol

### Causes of death

During 2016-2022 dementia including Alzheimer disease (13.5%), coronary heart disease (10.6%), cerebrovascular disease (6.3%), accidental falls (3.3%), and lung cancer (3.1%) were the leading causes of the 2,108 deaths in the Hobart LGA.

#### **TOP CAUSES OF DEATH 2016-2022, BY NUMBER**





Sources: Public hospital admissions: Department of Health and Human Services, Health Central Data Warehouse, Tasmania. Analysed by Primary Health Tasmania; Accessed October 2022; \*Includes i) examination and investigation, ii) communicable diseases, iii) related to socioeconomic and psychosocial circumstances, iv) health services in other circumstances and v) related to family and personal history and certain conditions influencing health status

Causes of death: Mortality over Regions and Time (MORT) book, LGA, 2016-2020, accessed November 2022.

The Tasmanian Community Health Checks feature information about the 29 Local Government Areas (LGAs) in Tasmania. For reports on the other 28 LGAs, please visit primaryhealthtas.com.au and search for Community Health Checks or email info@primaryhealthtas.com.au.

This data is sourced as part of Primary Health Tasmania's ongoing provider support activity. While extensive efforts have been made to ensure this information is as accurate as possible, the data is gleaned from multiple public and private organisations via visits and web searches, and Primary Health Tasmania cannot attest to the continued veracity of this dataset as practice and practitioner details change continually. The information presented is accurate as of November 2022. For the most current information, please go to <a href="https://www.phnexchange.com.au">www.phnexchange.com.au</a>.