

FOR BETTER HEALTH OUTCOMES

Rethinking your medications

It's OK
to ask



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YOU MIGHT LIKE TO ASK YOUR GP:

It's OK
to ask

- Do I still need to take all of my medications?
- Are all of my medications still helping me to stay well?
- Could any of my medications be causing side-effects?
- Could any of my medications be affecting the others?



Your **GP** is the best person to answer questions about your health. Your **pharmacist** can assist you with your medications.