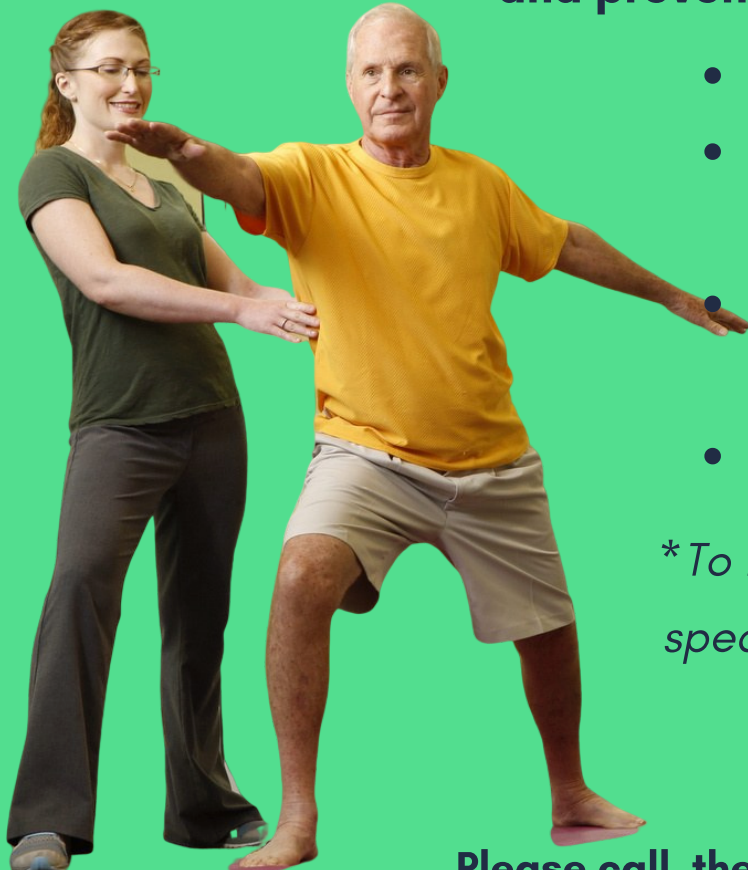


PLEASE COME AND JOIN US FOR:

FALLS AND BALANCE GROUP



Huon Regional Care's physiotherapist and occupational therapist invite you to join this exercise class aimed at improving balance and preventing falls. *



- Thursday mornings 11am - 12noon
- 6 classes from 20 February to 26 March 2020
- Classes held in the new Gym at Huon Regional Care Franklin.
- \$10 per class

**To be eligible for this class please first speak to your GP or nurse for a referral through My Aged Care.*

**Please call the Home Care office
on 6264 7108 with any enquiries.**

