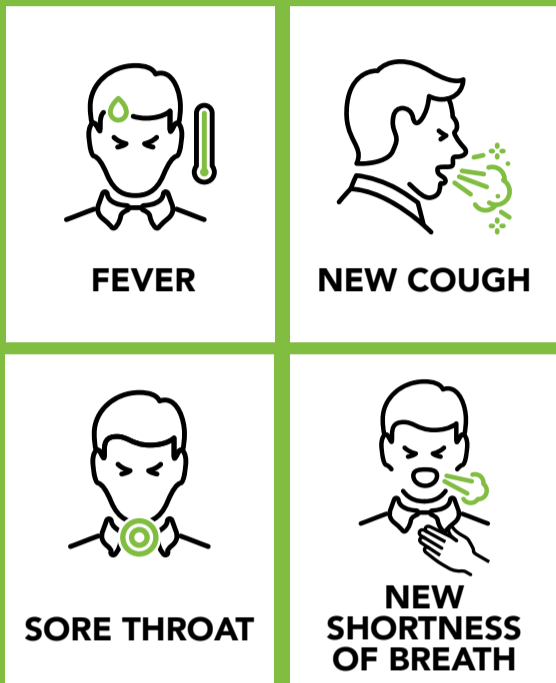
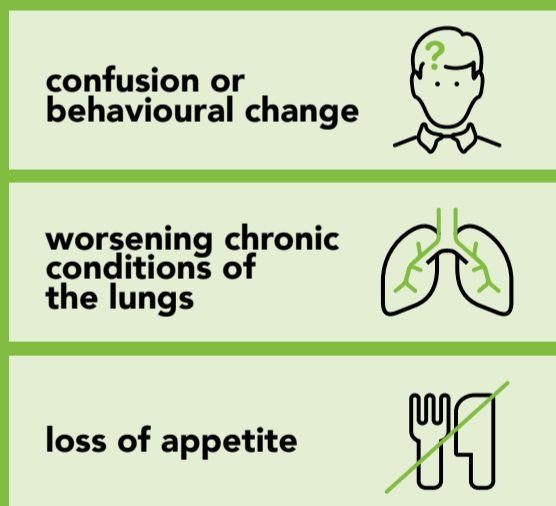


# COVID-19: What to do in the first 30 minutes

## Common symptoms



Older people may not develop a fever, but may also have the following symptoms:



<b>Outbreak Team Leader</b>
NAME
PHONE
<b>Outbreak Management Plan</b>
LOCATION

## What to do if you **THINK** a resident might have COVID-19

### Act as if they **DO** have COVID-19

- 1 Protect yourself.** Wash your hands and put on personal protective equipment (PPE) – a surgical face mask, gown or apron, goggles and gloves.
- 2 Protect others.** Put the resident in a single room. Place warning signs (e.g. contact and droplet precautions), alcohol-based hand rub, appropriate PPE and a hands-free bin for used PPE outside the resident's room.
- 3 Assess the resident.** Take the resident's observations, such as pulse, temperature, blood pressure, oxygen saturation levels.
- 4 Call the resident's GP.** Arrange a clinical assessment. Tell the GP about the resident's symptoms, observations, and what action has been taken. Check the Aged Care Directive and goals of care. Discuss if the resident needs to go to hospital.
- 5 Arrange for COVID-19 testing.** Call the Sonic Healthcare Aged Care Facility COVID-19 hotline on **1800 570 573**.
- 6 Check your facility's Outbreak Management Plan.** Follow the steps it outlines and notify relevant staff of the situation.
- 7 Tell the resident about the results of their COVID-19 test.** Notify their family.

## What to do if you **KNOW** a resident has COVID-19

### Follow all the steps outlined above, then:

- 1 Call the Public Health Hotline on 1800 671 738.** Tell them about the resident's positive result and ask for advice.
- 2 Notify the Australian Government Department of Health** of the positive test result by emailing [agedcareCOVIDcases@health.gov.au](mailto:agedcareCOVIDcases@health.gov.au)
- 3 Lock down the facility.**
- 4 Activate your Outbreak Management Plan.** Convene your Outbreak Management Team.
- 5 Update the resident's GP.** Tell them what further action has been taken.