

Proposed Launceston Adult Mental Health Centre

December 2020

Where did you get the money for that?

- Australian Government commitment of **\$114.5m (nationally)** over 5 years
- Trial of 8 adult mental health centres (1 in each state/territory)
Tasmania → Launceston
- Implementation through Primary Health Networks (PHNs) except South Australia (SA Health)
- PHNs to receive contracts from Australian Government in December 2020 with funding committed to June 2024



How was the model developed?

- In late 2019 the Australian Department of Health established two national groups to inform the development of the centre model:



Technical Advisory Group

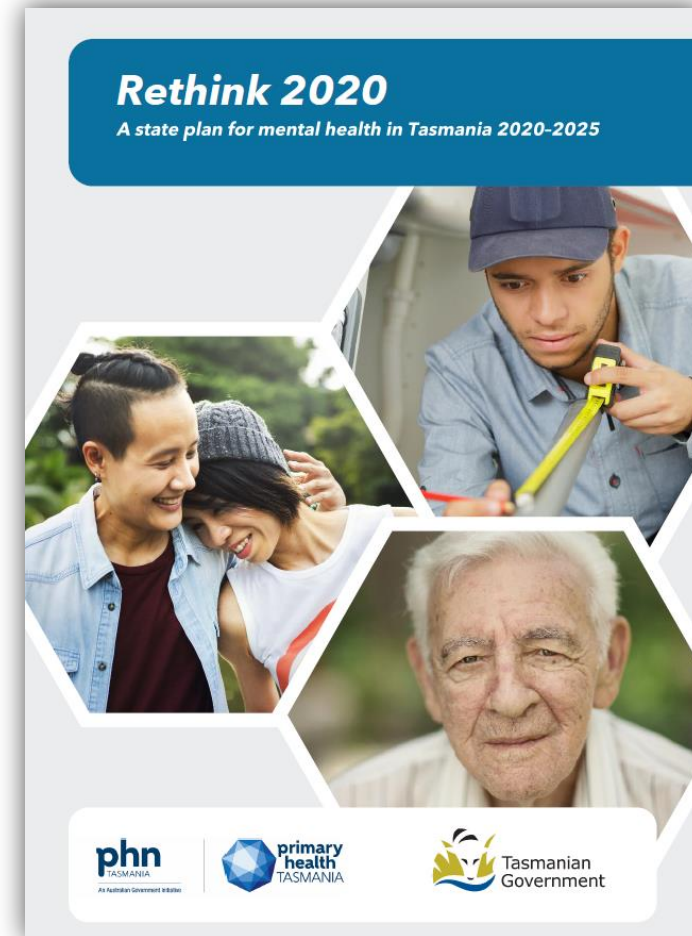


Primary Health Network Steering Group

- The **Service Model for Adult Mental Health Centres** was released in September 2020

How will it contribute to a joined-up sector?

- **Rethink 2020: A State Plan for Mental Health in Tasmania 2020-2025**
 - ✓ Reform Direction 4: An integrated Tasmanian mental health system
 - ✓ Reform Direction 5: Shifting the focus from hospital-based care to support in the community
 - ✓ Reform Direction 6: Getting in early and improving timely access to support
- **Reform Agenda for Alcohol and Other Drugs Sector in Tasmania**
 - ✓ Reform Direction 2: An integrated service system



What will the centre do?

- The centre will provide a welcoming entry point to the mental health system for adults:
 - ✓ **looking for information/advice regarding their or someone else's mental health**
 - ✓ **needing short and/or medium-term care while awaiting longer-term care**
 - ✓ **seeking immediate help in times of crisis or distress**
- Complement rather than duplicate or replace existing services

What will the Centre do?

Core in-house services

- The centre will deliver the following services (using Australian Government funds) and be managed by a lead agency commissioned through an open tender:
 1. responding to people experiencing a crisis or in significant distress
 2. providing a central point to connect people to other services in the region
 3. provide in-house assessment, including information and support to access services
 4. evidence-based and evidence-informed immediate interventions/ services and short to medium term care.

What will the Centre do?

In-reach or on-referred Services

<ul style="list-style-type: none">• Medical assessment, including assistance with physical health needs	<ul style="list-style-type: none">• Psychological therapies including services provided through Medicare Benefits Schedule arrangements
<ul style="list-style-type: none">• Assistance with accessing care coordination services	<ul style="list-style-type: none">• Local outreach
<ul style="list-style-type: none">• Specialised suicide prevention follow-up services	<ul style="list-style-type: none">• Integrated vocational support services
<ul style="list-style-type: none">• Assistance identifying and managing comorbid AOD misuse	<ul style="list-style-type: none">• Family therapy and family peer support and education services
<ul style="list-style-type: none">• Connection to services that assist with referral to the NDIS and related information	<ul style="list-style-type: none">• Assistance managing stressors associated with high levels of distress
<ul style="list-style-type: none">• Connection to specialised domestic violence supports	<ul style="list-style-type: none">• Culturally safe services for Aboriginal and Torres Strait Islander people
<ul style="list-style-type: none">• Connection to peer-led services such as peer networks, support groups or phone lines	<ul style="list-style-type: none">• Connection to group programs as a means of building social supports

Who will work in the Centre?

A multidisciplinary workforce

- Peer support workers
- Mental health nurses, psychologists, social workers or other allied health professionals with mental health competency
- Care navigators
- AOD professionals or staff with dual competency
- Aboriginal health workers

When will it happen?

- Commission a lead agency to manage the development, implementation and ongoing delivery of centre services

**Lead agency appointed through an open tender process
May 2021**

- Phased implementation

Establishment
November 2020-
October 2021

Embedding
November 2021-
June 2022

Full implementation
July 2022

Consultation

- An external consultant will be commissioned to facilitate community and stakeholder consultation

Stage 1

February 2021 to April 2021

To inform the development of values, behaviours and principles for the centre

Stage 2

May 2021 to October 2021

To support the lead agency in adopting the values, behaviours and principles for the centre and to identify external service needs

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