

Supporting better health care for people with intellectual disability

Health information and clinical resources for GPs

These resources have been collated to allow access to up-to-date and relevant content as part of the *Better health care for people with intellectual disability – Primary Care Enhancement Program (PCEP)*. The resources are organised by health topic and the information highlights key organisations. Click on each resource to access relevant websites.

Resources on health care for people with intellectual disability

Health assessments for people with intellectual disability

- [Adult Comprehensive Health Assessment Program \(CHAP\) – Annual Health Assessment for People with Intellectual Disability](#) (Australian Government Department of Health and Aged Care)
- [Health assessment for people with an intellectual disability](#) (Tasmanian HealthPathways)
- [Health assessment for people with intellectual disability – MBS fact sheet](#) (Australian Government Department of Health and Aged Care)
- [Medicare health assessment proforma for people with intellectual disability](#) (Australian Government Department of Health and Aged Care)

National Disability Insurance Scheme

- [National Disability Insurance Scheme \(NDIS\)](#) (Tasmanian HealthPathways)
- [Practical resources for GPs and other health professionals](#) (NDIS)

Consent and decision making

- [People with disability and supported decision-making and the NDIS](#) (National Disability Services)
- [Supported decision making](#) (Inclusion Australia)
- [Office of the Public Guardian Tasmania website](#)
- [Decision making: A rights-based approach – handbook](#) (Laurel House sexual assault support service)

Reasonable adjustments to make health care accessible

- [Resources for health professionals](#) (Council for Intellectual Disability)
- [Reasonable adjustments in primary care](#) (University of Hertfordshire)
- [Health care for people who need extra support – a health literacy guide to support the health of people with a cognitive impairment or intellectual disability](#) (University of Notre Dame Australia)

Communication and tips for good appointments

- [Good appointments, better health](#) (Council for Intellectual Disability)
- [Top ten tips for effective consultation](#) (University of Hertfordshire)
- [Working with people with intellectual disabilities](#) (Centre for Developmental Disability Health Victoria)
- [Communication tips](#) (Council for Intellectual Disability)

Mental health

- [Intellectual disability general and mental health assessment](#) (Tasmanian HealthPathways)
- [Intellectual disability online health education for health professionals](#) (ID Health Education by 3DN)
- [Victorian Dual Disability Service](#) (St Vincent's Hospital Melbourne)
- [Telepsychiatry review article](#) (*Journal of Policy and Practice in Intellectual Disabilities*)

Clinical resources

- [Tasmanian HealthPathways – Intellectual disability](#)
 - [Intellectual Disability Pathway](#)
- [Therapeutic Guidelines](#)
 - [Therapeutic Guidelines – Developmental Disability](#) (subscription)
- [Prescribing](#)
 - [Safe Prescribing](#) (Australasian Society for Intellectual Disability)
 - [Responsible Psychotropic Prescribing](#) (3DN)
- [Cardiometabolic health](#)
 - [Positive Cardiometabolic Health](#) (3DN)
- [Commonly overlooked medical conditions](#)
 - [What not to miss – by Professor Nick Lennox](#) (cid.org.au)
- [Dementia](#)
 - [Dementia in people with Intellectual Disability: Guidelines for Australian GPs](#) (3DN)

Behaviour change

- [Assessment and Management Framework 2018](#) (monashhealth.org)
- [Understanding behaviour change information sheet](#) (monashhealth.org)

Paediatrics, transitions and young people

- [Intellectual disability and transitions in healthcare: GP and paediatrician interface](#) (Western Victoria PHN)

Information on health care for people with intellectual disability

Key intellectual disability organisations

- [Office of the Senior Practitioner](#) – advising the Secretary about the provision of specialist disability services, including restrictive interventions.
- [Australian Association of Developmental Disability Medicine \(AADDM\)](#) – an organisation of medical practitioners, allied health practitioners, specialists or those with an interest in improving the health and function of people with developmental disabilities.
- [Centre for Developmental Disability Health \(Victoria\)](#) – supporting mainstream health services to build their capacity to address the health needs of adults with intellectual.
- [Council for Intellectual Disability \(CID\)](#) – representing the rights and interests of people with intellectual disability through advocacy, providing information and learning opportunities, empowering individuals, and building community.
- [UNSW Department of Developmental Disability Neuropsychiatry](#) – providing intellectual disability health education to professionals to improve knowledge, skills, and confidence.
- [Speak Out \(The Speak Out Association of Tasmania\)](#) – a statewide membership organisation for people with intellectual/cognitive disability. Supports people with disability and provides individual advocacy.

Fact sheets on intellectual disability

- [Working with people with intellectual disabilities](#) (monashhealth.org)
- [Agency for Clinical Innovation – Intellectual disability FAQ](#) (nsw.gov.au)
- [Fact Sheet: Intellectual disability – Person-centred care](#) (NSQHS Standards)
- [Fact Sheet: Intellectual disability – Comprehensive care](#) (NSQHS Standards)

Information for patients, carers and families

- [Health fact sheets in Easy Read – Council for Intellectual Disability](#) (cid.org.au)