

# Supporting better health care for people with intellectual disability

## Health information and clinical resources for GPs

These resources have been collated to allow access to up-to-date and relevant content as part of the *Better health care for people with intellectual disability – Primary Care Enhancement Program (PCEP)*. The resources are organised by health topic and the information highlights key organisations. Click on each resource to access relevant websites.

## Resources on health care for people with intellectual disability

### Health assessments for people with intellectual disability

- [Adult Comprehensive Health Assessment Program \(CHAP\) – Annual Health Assessment for People with Intellectual Disability](#) (Australian Government Department of Health, Disability and Ageing)
- [Health assessment for people with an intellectual disability](#) (available via [Tasmanian HealthPathways](#))
- [Health assessment for people with intellectual disability – MBS fact sheet AN.0.41 | Medicare Benefits Schedule](#) (Australian Government Department of Health, Disability and Ageing)

### National Disability Insurance Scheme

- [National Disability Insurance Scheme \(NDIS\)](#) (Tasmanian HealthPathways)
- [Information for GPs and health professionals](#) (NDIS)

### Consent and decision making

- [People with disability and supported decision-making and the NDIS](#) (National Disability Services)
- [Supported decision making](#) (Inclusion Australia)
- [Office of the Public Guardian Tasmania website](#)
- [Decision-making: A Rights Based Approach](#) (Laurel House sexual assault support service)

### Reasonable adjustments to make health care accessible

- [Resources for health professionals](#) (Council for Intellectual Disability)
- [Reasonable adjustments in primary care](#) (University of Hertfordshire)
- [Health care for people who need extra support – a health literacy guide to support the health of people with a cognitive impairment or intellectual disability](#) (University of Notre Dame Australia)

### Communication and tips for good appointments

- [Good appointments, better health](#) (Council for Intellectual Disability)
- [Top ten tips for effective consultation](#) (University of Hertfordshire)
- [Working with people with intellectual disabilities](#) (Centre for Developmental Disability Health Victoria)
- [Communication tips](#) (Council for Intellectual Disability)

### Mental health

- [Intellectual disability general and mental health assessment](#) (Tasmanian HealthPathways)
- [Intellectual disability online health education for health professionals](#) (ID Health Education by 3DN)
- [Victorian Dual Disability Service](#) (St Vincent's Hospital Melbourne)
- [Telepsychiatry review article](#) (*Journal of Policy and Practice in Intellectual Disabilities*)

## Clinical resources

- [Tasmanian HealthPathways – Intellectual disability](#)
  - [Intellectual Disability Pathway](#)
- [Therapeutic Guidelines](#)
  - [Therapeutic Guidelines – Developmental Disability](#) (subscription)
- [Prescribing](#)
  - [Safe Prescribing](#) (Australasian Society for Intellectual Disability)
  - [Responsible Psychotropic Prescribing](#) (3DN)
- [Cardiometabolic health](#)
  - [Positive Cardiometabolic Health](#) (3DN)
- [Commonly overlooked medical conditions](#)
  - [What not to miss – by Professor Nick Lennox](#) (cid.org.au)
- [Dementia](#)
  - [Dementia in people with Intellectual Disability: Guidelines for Australian GPs](#) (3DN)

## Behaviour change

- [Assessment and Management Framework 2018](#) (monashhealth.org)
- [Understanding behaviour change information sheet](#) (monashhealth.org)

## Paediatrics, transitions and young people

- [Intellectual disability and transitions in healthcare: GP and paediatrician interface](#) (Western Victoria PHN)

## Information on health care for people with intellectual disability

### Key intellectual disability organisations

- [Office of the Senior Practitioner](#) – advising the Secretary about the provision of specialist disability services, including restrictive interventions.
- [Australian Association of Developmental Disability Medicine \(AADDM\)](#) – an organisation of medical practitioners, allied health practitioners, specialists or those with an interest in improving the health and function of people with developmental disabilities.
- [Centre for Developmental Disability Health \(Victoria\)](#) – supporting mainstream health services to build their capacity to address the health needs of adults with intellectual.
- [Council for Intellectual Disability \(CID\)](#) – representing the rights and interests of people with intellectual disability through advocacy, providing information and learning opportunities, empowering individuals, and building community.
- [UNSW Department of Developmental Disability Neuropsychiatry](#) – providing intellectual disability health education to professionals to improve knowledge, skills, and confidence.
- [Speak Out \(The Speak Out Association of Tasmania\)](#) – a statewide membership organisation for people with intellectual/cognitive disability. Supports people with disability and provides individual advocacy.

### Fact sheets on intellectual disability

- [Working with people with intellectual disabilities](#) (monashhealth.org)
- [Agency for Clinical Innovation – Intellectual disability FAQ](#) (nsw.gov.au)
- [Fact Sheet: Intellectual disability – Person-centred care](#) (NSQHS Standards)
- [Fact Sheet: Intellectual disability – Comprehensive care](#) (NSQHS Standards)

### Information for patients, carers and families

- [Health fact sheets in Easy Read – Council for Intellectual Disability](#) (cid.org.au)