



# Supporting better health care for people with intellectual disability

# Information and resources for practice managers

Primary Health Tasmania has received Australian Government funding to enhance primary care for Tasmanians living with intellectual disability as part of the Better health care for people with intellectual disability – Primary Care Enhancement Program (PCEP). Our aim is to address inequities in health system access and quality for people with intellectual disability through a range of activities.

# How can we support your quality improvement activities?

Primary Health Tasmania is working to support primary care providers to improve access to health care for people with intellectual disability. We can work with you and support your continuous quality improvement processes to support effective consultations for people with intellectual disability.

Our initiatives include providing education and training, resource packs, and health promotion resources for your practice.

Contact providersupport@primaryhealthtas.com.au or 1300 653 169 for further details.

# Education and training - flexible options available

Primary Health Tasmania is hosting education events, webinars and in-practice training, and providing resources for general practices, allied health providers and practice staff. The aim is to enhance knowledge, skills, and confidence in providing essential health care for people with intellectual disability.

In-practice training topics range from: An introduction to intellectual disability health; communication; reasonable adjustments and Easy Read templates; health assessments; data collection; and clinical resources for common health problems.

Contact providersupport@primaryhealthtas.com.au or 1300 653 169 to register your interest.

# Health promotion resources

Our project partners have created health promotion resources for people with intellectual disability and their families. Easy Read health fact sheets and consumer resources are available on our website: tasp.hn/PCEP

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# Information for practice managers

# Resources

# From the Council for Intellectual Disability (CID)

You can find information on this website: cid.org.au

Helpful CID health resources include:

- Resources for health professionals
- Good Appointments, Better Health
- Easy Read appointment letter (editable)
- Easy Read 'How to find us sheet' (editable)
- Sample Easy Read appointment letter
- Easy Read health resources
- Communication tips
- My Health Matters folder
- Annual health assessments

## From Primary Health Tasmania

You can find information on this web page: tasp.hn/PCEP

Key resources relevant to practice managers:

- Reasonable adjustments welcoming patients with intellectual disability in primary health care
- Key information to consider when providing health care for people with intellectual disability

#### **Professional development opportunities**

### 3DN: idhealtheducation.edu.au/health-professionals

Intellectual disability e-learning for health professionals by 3DN. Registration and fees apply.

#### 26TEN: 26ten.tas.gov.au

26TEN provides free training workshops in plain English and adult literacy awareness. 26TEN is a network of organisations and individuals working together to improve adult literacy and numeracy in Tasmania.

## Learn Easy Read: cid.org.au/event/learn-easy-read

The Council for Intellectual Disability provides Easy Read training to help organisations learn how to make documents easier to read.

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