

# PRIMARY HEALTH TASMANIA EVENTS AUGUST 2024



SCAN FOR EVENT DETAILS  
ALL EVENTS ARE FREE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31				1 <b>Asthma and COPD</b> 7-8pm <b>WEBINAR</b> Multidisciplinary	2	3
4	5	6	7 <b>Breast screening and risk management</b> 7-8pm <b>WEBINAR</b> Multidisciplinary	8	9	10
11	12 <b>Focus group: Supporting patients with problematic alcohol and other drug use</b> 6.30-8pm <b>HOBART</b> General practitioners	13 <b>Supporting the mental health of veterans</b> 6.30-8pm <b>WEBINAR</b> General practitioners	14 <b>Training: Mental health assessment and referral</b> 12-2pm <b>WEBINAR</b> Multidisciplinary  <b>Focus group: Supporting patients with problematic alcohol and other drug use</b> 6.30-8pm <b>LAUNCESTON</b> General practitioners	15	16	17
18	19 <b>Consultation: Tasmanian model of care for cardiac rehabilitation (south)</b> 7-8pm <b>WEBINAR</b> General practitioners	20 <b>Palliative care ECHO series</b> 1-2pm <b>WEBINAR</b> Multidisciplinary  <b>Training: Mental health assessment and referral</b> 6.30-8.30pm <b>WEBINAR</b> Multidisciplinary	21 <b>Networking lunch</b> 12.30-2pm <b>LAUNCESTON</b> General practice managers  <b>Consultation: Tasmanian model of care for cardiac rehabilitation (north)</b> 7-8pm <b>WEBINAR</b> General practitioners	22 <b>Networking breakfast</b> 7.30-9am <b>BURNIE</b> General practice managers  <b>Consultation: Tasmanian model of care for cardiac rehabilitation (north west)</b> 7-8pm <b>WEBINAR</b> General practitioners	23	24
25	26	27 <b>Clinical update: Launch of Tasmanian guide to help young people quit e-cigarettes</b> 6.30-8pm <b>WEBINAR</b> Multidisciplinary	28 <b>Networking breakfast</b> 7.30-9am <b>HOBART</b> General practice managers	29 <b>Asthma in spring</b> 7-8pm <b>WEBINAR</b> Multidisciplinary	30	31



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## Multidisciplinary

### Asthma and COPD – they do overlap



Webinar

**Thursday 1 August**

7-8pm

This event is facilitated by the North Western Melbourne Primary Health Network in alliance with Primary Health Tasmania. The one-hour session provides an overview of asthma and COPD, identifying overlap between them. It covers current evidence-based management using the Australian Asthma Handbook and COPD-X Guidelines. It also looks at diagnosis, management, medications and the importance of action plans for self-management.

## Multidisciplinary

### Enhancing patient outcomes in breast screening and risk management



GPs and nurses

Webinar

CPD accredited (RACGP, 1 hour educational activity with additional opportunities for self-reported CPD)

**Wednesday 7 August**

7-8pm

Primary Health Tasmania welcomes you to join us for a session to explore the latest evidence on enhancing patient outcomes in breast screening and risk management. This talk will delve into the triple test, breast cancer risk assessment, and imaging modalities, aimed at enhancing early and accurate breast cancer detection. Our discussion aims to equip health professionals with practical insights and strategies to improve patient outcomes and quality of care in breast health management.

## General practitioners

### Focus group: Role of GPs in supporting patients with problematic alcohol and other drug use



Hobart

**Monday 12 August**

6.30-8pm

Launceston

**Wednesday 14 August**

6.30-8pm

Primary Health Tasmania is undertaking a project to better understand the current context and GPs' experiences of barriers to identifying and treating patients with problematic alcohol and other drug use. Participants will be reimbursed for their time.

## General practitioners

### From primary care to open arms: How GPs can support the mental health of veterans and their families



Webinar

CPD pending (RACGP 1.5 hours educational activities with additional opportunities for self-reported CPD)

**Thursday 13 August**

6.30-8pm

GPs are central to the provision of health care to former serving members of the Australian Defence Force. This webinar is designed to assist GPs to better support veterans by understanding the challenges and health impacts associated with military service.

## Multidisciplinary

### Initial Assessment and Referral (IAR) for mental health care



Webinar

**Wednesday 14 August**

12-2pm

**Tuesday 27 August**

6.30-8.30pm

Part one of this workshop provides the background and orientation to stepped care, the initial assessment and referral process, and the decision support tool. In part two of the workshop, participants engage in practical activity focusing on applying the IAR decision support tool to the prepared scenario.

GPs and GPs-in-training who complete the 2-hour training will be eligible for a one-off payment of \$300 as remuneration for their time, unless the GP is employed full time with a government-funded service.

## Multidisciplinary

### Palliative care ECHO project series



Webinar

**Tuesday 20 August**

1-2pm

Palliative Care ECHO is a series of interactive case-based virtual mentoring sessions that address a range of palliative care topics. Discussion of deidentified patient cases and 10-minute lectures aim to increase palliative care knowledge, skills and confidence in primary healthcare professionals.

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program



## General practitioners



### Have your say on a model of care for cardiac rehabilitation in Tasmania

#### Webinar

CPD pending (RACGP 1.hour reviewing performance)

#### GPs practising in southern Tasmania

**Monday 19 August**

7-8pm

#### GPs practising in northern Tasmania

**Wednesday 21 August**

7-8pm

#### GPs practising in north-west Tasmania

**Thursday 22 August**

7-8pm

Healthy Hearts for Tasmania is a collaborative project between the Tasmanian Department of Health, Heart Foundation, and the University of Tasmania. This interactive session will involve a briefing on the results of the study so far, including the issues and opportunities identified relating to cardiac rehabilitation in Tasmania. Then you will have an opportunity to offer your perspectives on the challenges and opportunities for cardiac rehabilitation in Tasmania from the perspective of primary care.

## General practice managers



### Practice managers networking breakfast/lunch

#### Launceston

**Wednesday 21 August**

12.30-2pm

#### Burnie

**Thursday 22 August**

7.30-9am

#### Hobart

**Wednesday 28 August**

7.30-9am

An opportunity for general practice managers to meet and connect with their peers.

## Multidisciplinary



### Clinical update: Launch of Tasmanian guide to support young people to quit e-cigarettes

#### Webinar

**Tuesday 27 August**

6.30-8pm

This webinar will introduce the newly developed resource, the 'Guide to supporting young people to quit e-cigarettes', from the Public Health Services team at the Tasmanian Government Department of Health. The session will introduce the ABC Brief Intervention framework, behavioural support, and accompanying cessation support tools along with a case-based discussion including a GP, clinical nurse consultant and public health registrar.

## Multidisciplinary



### Asthma in spring – allergies and thunderstorms

#### Webinar

**Thursday 29 August**

7-8pm

This one-hour session has a focus on spring-time asthma and allergic rhinitis and how to manage both conditions, using the latest evidence-based guidelines. Thunderstorm asthma is a spring-time phenomenon that all health professionals in primary care need to be prepared for.



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