

# **Our activity work plan for 2023-26 - pilots and targeted programs**

**Updated 2024**

# Contents

|   |          |
|---|----------|
| <b>Greater Choice for At Home Palliative Care (GCfAHPC)</b>             | <b>1</b> |
| Aim of activity   | 1        |
| Description of activity   | 1        |
| <b>Primary care enhancement for people with intellectual disability</b> | <b>2</b> |
| Aim of activity   | 2        |
| Description of activity   | 2        |
| <b>Endometriosis and pelvic pain</b>                                    | <b>3</b> |
| Aim of activity   | 3        |
| Description of activity   | 3        |
| <b>Strengthening Medicare - General Practice Grants Program</b>         | <b>4</b> |
| Aim of activity   | 4        |
| Description of activity   | 4        |
| <b>Family and domestic violence</b>                                     | <b>5</b> |
| Aim of activity   | 5        |
| Description of activity   | 5        |
| <b>Sexual violence</b>  | <b>6</b> |
| Aim of activity   | 6        |
| Description of activity   | 6        |
| <b>Child sexual abuse</b>   | <b>7</b> |
| Aim of activity   | 7        |
| Description of activity   | 7        |



# Greater Choice for At Home Palliative Care (GCfAHPC)

## Aim of activity

The aim of this initiative is to:

- systematically improve palliative and end-of-life care for people who are approaching the end of life, and for their families and carers through:
  - increased knowledge and skills about advance care planning and general palliative care for primary care and Residential Aged Care Facility (RACF) service providers including improved access to tools and resources for both clinicians and consumers around palliative care, and
  - increased capacity of the General Practitioner workforce in Tasmania to provide quality palliative care and end-of-life care.
- improve access for consumers to gain information regarding palliative and end of life care in Tasmania
- support increased collaborative activity with key system partners to facilitate a Compassionate Communities approach to palliative care in Tasmania.

## Description of activity

The activities outlined below are planned to be implemented during 2023-25.

- Continued implementation and finalisation of a two-phase small grants process in collaboration with the Tasmanian Department of Health, focussing on compassionate communities, continuous quality improvement and service innovation.
- Finalise testing and implementation of a continuous quality improvement (CQI) toolkit for general practice.
- Continued delivery and ongoing development of palliative care education program for primary care, including consideration of existing evidence based post-graduate and continuing professional development programs.
- Ongoing engagement with key stakeholders to raise awareness of national initiatives and opportunities for collaboration.
- Continued implementation and promotion of a palliative care specific information on TasCOSS FindHelpTas platform for consumers and carers.
- Maintain the palliative care health pathways.
- Continue formal engagement with key palliative partners including but not limited to Tasmanian Department of Health and Palliative Care Tasmania, through key forums and targeted collaborative planning activities.

# Primary care enhancement for people with intellectual disability

## Aim of activity

The aim of this activity is to enhance the primary health workforce and coordination of care in the management of people with intellectual disability (ID) through the implementation of co-design approaches, incorporating:

- increased awareness of ID workforce in Tasmania
- improved knowledge and skills to support and enhance healthcare for people with ID
- improved transition of children and young people from paediatric to adult services
- increased coordination of care at the interface between public hospitals, NDIS and primary care.

## Description of activity

The activities outlined below are planned to be implemented during 2024-26.

- Deliver practice support activities, including:
  - delivering an online package of foundational modules focusing on inclusivity and underpinning knowledge, supported decision-making and transition from paediatric to adult health services
  - maintaining current and establishing, if needed, any identified new care pathways to - intellectual disability health services
  - supporting GPs and other primary health care providers in providing better care for people with intellectual disability through continued access to learning hub and Primary Health Tasmania website intellectual disability resources.
- Support access to quality health care for people with intellectual disability by supporting coordination of care at the hospital interface.
- Share resources to support people with intellectual disability, their families and providers in accessing primary health care services and health promotion, including:
  - promotion of adult oral health resources for families/carers
  - adapt and promote child oral health resources promoting how to provide oral hygiene support to children with disability.
- Develop resources to support health professionals, people with intellectual disability and families/carers move from paediatric to adult healthcare services.
- Support consumer, community and provider input through co-facilitation of workshops/education sessions and events with Speak Out Tasmania self-advocates.
- Participate in the evaluation of the Primary Care Enhancement Program.

# Endometriosis and pelvic pain

## Aim of activity

The aim of this activity is to:

- improve early access to diagnostic imaging for endometriosis and pelvic pain
- promote early access to intervention, treatment and management options of women living with endometriosis and pelvic pain
- increase support of Family Planning Tasmania to provide multi-disciplinary care to women living with endometriosis and pelvic pain.

## Description of activity

The activities outlined below are planned to be implemented during 2023-26.

- Continue to commission Family Planning Tasmania to deliver increased access to endometriosis and pelvic pain clinics in three regions of Tasmania.
- Continue to commission Family Planning Tasmania to plan and deliver education and training support for primary care providers across Tasmania.
- Continue to engage with Family Planning Tasmania and support the implementation of activities identified as part of the local need assessment.
- Continue to support targeted delivery of advanced endometriosis and pelvic pain training for Family Planning Tasmania staff.
- Establish intrauterine device and endometriosis training for GPs.
- Maintain Tasmanian HealthPathways for primary care workers to assist in the management of women living with endometriosis and pelvic pain.
- Participate in the national evaluation of this program, commissioned by the Australian Government.

# Strengthening Medicare - General Practice Grants Program

## Aim of activity

The aim of the Strengthening Medicare General Practice Grants Program is to provide financial support to general practices to improve the operations, expand access to patients and provide better, safe and quality care.

## Description of activity

The activities outlined below are planned to be implemented during 2023- December 24.

Rollout and maintenance of grants program to general practices.

- Grants distributed to practices which will assist in enhancing digital health capabilities, upgrading infection prevention and control arrangements, and maintaining or achieving accreditation against the 5<sup>th</sup> edition standards.
- The grants will be available for investments in innovation, training, equipment, and minor capital works through three investment streams:
  - enhancing digital health capability
  - upgrading infection prevention and control arrangements
  - maintaining and or achieving accreditation.

# Family and domestic violence

## Aim of activity

The aim of this activity is to increase the capacity and capability of the primary care workforce to better care for victim-survivors of family and domestic violence and persons living with family and domestic violence to achieve:

- improved primary care system integration with the broader family, domestic and sexual violence (FDSV) service response system and health service navigation for victim-survivors of family and domestic violence
- increased primary care referrals to specialist support services
- increased access to appropriate services to support improved health outcomes for people experiencing family and domestic violence in Tasmania.

## Description of activity

The activities outlined below are planned to be implemented during 2023-26.

To improve the primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of family and domestic violence Primary Health Tasmania will:

- finalise and share learnings from detailed needs assessment and apply to program planning, implementation and monitoring
- continue comprehensive engagement with key stakeholder across the primary care and FDSV sectors, developing and maintaining relationships seeking to identify opportunities to collaborate to improve patient outcomes, including formally accessing to advice and guidance in line with program governance arrangements
- continue relationships with primary care and Aboriginal Controlled Community Organisations to understand specific needs
- support full implementation of the Commonwealth proposed/promoted model of FDSV support for victims-survivors of family and domestic violence and persons living with family and domestic violence through the implementation of service integrator (connector) roles to act as a conduit between primary care and specialist services
- continue to plan, promote and improve access to family and domestic violence training for primary care clinicians to assist with early identification and intervention
- participate in national program commissioned by the Australian Government.

# Sexual violence

## Aim of activity

The aim of this activity is to increase the capacity and capability of the primary care workforce to better care for victim-survivors of sexual violence and persons living with sexual violence to achieve:

- improved primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of sexual violence
- increased primary care referrals to specialist support services
- increased access to appropriate services to support improved health outcomes for people experiencing sexual violence in Tasmania.

## Description of activity

The activities outlined below are planned to be implemented during 2023-26.

To improve the primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of sexual violence Primary Health Tasmania will:

- finalise and share learnings from detailed needs assessment and apply to program planning, implementation and monitoring
- continue comprehensive engagement with key stakeholder across the primary care and FDSV sectors, developing and maintaining relationships seeking to identify opportunities to collaborate to improve patient outcomes, including formally accessing to advice and guidance in line with program governance arrangements
- continue relationships with primary care and Aboriginal Controlled Community Organisations to understand specific needs
- support full implementation of the Commonwealth proposed/promoted model of FDSV support for victims-survivors of sexual violence and persons living with sexual violence through the implementation of service integrator (connector) roles to act as a conduit between primary care and specialist services
- continue to plan, promote and improve access to sexual violence for primary care clinicians to assist with early identification and intervention
- participate in national program commissioned by the Australian Government.



# Child sexual abuse

## Aim of activity

The aim of this activity is to increase the capacity and capability of the primary care workforce to better care for victim-survivors of child sexual abuse and persons living with child sexual abuse to achieve:

- improved primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of child sexual abuse
- increased primary care referrals to specialist support services
- increased access to appropriate services to support improved health outcomes for people experiencing child sexual abuse in Tasmania.

## Description of activity

The activities outlined below are planned to be implemented during 2023-26.

To improve the primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of child sexual abuse Primary Health Tasmania will:

- finalise and share learnings from detailed needs assessment and apply to program planning, implementation and monitoring
- continue comprehensive engagement with key stakeholder across the primary care and FDSV sectors, developing and maintaining relationships seeking to identify opportunities to collaborate to improve patient outcomes, including formally accessing to advice and guidance in line with program governance arrangements
- continue relationships with primary care and Aboriginal Controlled Community Organisations to understand specific needs
- support full implementation of the Commonwealth proposed/promoted model of FDSV support for victims-survivors of child sexual abuse and persons living with child sexual abuse through the implementation of service integrator (connector) roles to act as a conduit between primary care and specialist services
- continue to plan, promote and improve access to child sexual abuse training for primary care clinicians to assist with early identification and intervention
- participate in national program commissioned by the Australian Government.