



## Transition care plan

### For young people with intellectual disability moving to adult health services

This is an example of a transition care plan that can be used for a young person with intellectual disability who is transitioning to adult health services. Complete the relevant sections of this plan with the young person and their family/carers and use it to guide actions throughout the transition preparation period. This plan is not intended to be used as a referral form. Additional space for notes is included on the last page should you need more room.

#### About the young person

Last name		First name	
Date of birth	Gender assigned at birth		Pronouns
Address			
Medical Record Number (MRN)		Weight	Height
Medicare number		Expiry date	
Aboriginal and/or Torres Strait Islander status			
Language spoken		Interpreter required (yes/no)	
NDIS (yes/no/applied)	Guardianship (yes/no/applied)		Immunisation status

#### Key contact information

	Name	Email	Phone
Young person			
Parent/carer			
Key transition contact			
NDIS coordinator (if applicable)			
Guardian (if applicable)			



### Diagnoses and medical conditions

1.

2.

3.

### Current treatments and care plans

1.

2.

3.

### Current medicines

Medicine name	Dosage	Frequency	Reason

### Allergies and alerts

1.

2.

3.

### Equipment used (including communication tools)

1.

2.

3.



### Transition goals

Young person	1.	2.	3.
Parent/carer	1.	2.	3.
Clinician/healthcare team	1.	2.	3.

### Transition details

Paediatric healthcare service	Adult healthcare service	Transfer date
Role	Role	
Name	Name	
Contact	Contact	

### General practitioner (GP)

Name	Clinic
Address	
Phone	Email

### Notes

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### Transition care plan information

Written by	Date initiated	Date last revised
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