

# **Our activity work plan for 2025-27 - Commonwealth psychosocial support**

**Updated 2025**

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# Commonwealth psychosocial support (CPS) - service delivery

## Aim of activity

The aim of this activity is to:

- increase functional capacity for people with a severe mental illness and associated psychosocial functional impairment
- support new and existing psychosocial support clients to test/retest for eligibility into the NDIS
- reduce barriers to accessing community based psychosocial support services through collaboration with the Department of Health, Tasmania.

## Description of activity

Primary Health Tasmania continues to commission our existing provider of the National Psychosocial Support (NPS) Measure and Continuity of Support (CoS) to provide support for clients who previously accessed services through NPS Measure or CoS. Additionally, the expanded program objectives will support increased testing options for NDIS access for new and existing CPS clients, improved referral pathways to reduce barriers to service access through better integration of Primary Health Tasmania and the Department of Health, Tasmania funded psychosocial support services and increase knowledge and awareness of psychosocial support services and eligibility requirements.

The Commonwealth Psychosocial Support service specifications include three activity elements:

- Service A: Psychosocial supports directed at people living in major population centres and surrounding local government areas (service delivery)
- Service B: Psychosocial support services for Tasmanians living in rural and regional areas with a focus on the local government areas of the West Coast, Break O'Day, Circular Head, Glamorgan Spring Bay, Dorset, the Tasman Peninsular, King Island and Flinders Island (access enablers)
- Service C: Additional support for clients of Service A or B to access housing support and to test/retest for access to the National Disability Insurance Scheme (NDIS) (access enablers).

The activities outlined below are planned to be implemented during 2025-27.

- Continue to fund and support service provider to provide the above CPS services.
- Review progress against deliverables and service targets with service provider.
- Continue to support service provider to assure their ongoing capacity and compliance with input into the Primary Mental Health Care Minimum Data Set (PMHC-MDS).
- Engage with service provider on a quarterly basis to monitor service agreement deliverables and compliance. These meetings will also provide an opportunity to monitor service uptake and identify areas for service improvement.

# Commonwealth psychosocial support - access enablers

## Aim of activity

The aim of this activity is to support the psychosocial social service delivery, aiming at:

- supporting people with a severe mental illness and associated psychosocial functional impairment who are not more appropriately supported through the NDIS
- reducing avoidable need for more intense and acute health services and enhancing appropriate/optimal use of the health system.

## Description of activity

The Commonwealth Psychosocial Support service specifications include three activity elements:

- Service A: Psychosocial supports directed at people living in major population centres and surrounding local government areas (service delivery)
- Service B: Psychosocial support services for Tasmanians living in rural and regional areas with a focus on the local government areas of the West Coast, Break O'Day, Circular Head, Glamorgan Spring Bay, Dorset, the Tasman Peninsular, King Island and Flinders Island (access enablers)
- Service C: Additional support for clients of Service A or B to access housing support and to test/retest for access to the National Disability Insurance Scheme (NDIS) (access enablers).

The activities outlined below are planned to be implemented during 2025-27.

### 1. Service navigation

- Continue to work with the Department of Health, Tasmania via the Central Intake Referral Service (CIRS) to help consumers and service providers navigate the mental health system in Tasmania by providing information and directing inquiries to the appropriate supports.
- Employ a service integration and planning position that will focus on improvements to service integration with other mental health services and referral pathways.

### 2. NDIS testing and housing support

- Continue to commission services to support existing clients to gather appropriate evidence to complete access requests for the NDIS.
- Service provider offers NDIS testing support to clients at intake and during care based on BASIS-32 scores and client request.
- Continue to commission services to support existing clients to engage with housing providers where access to housing is an identified need.

### 3. Continue to commission services delivered in specified rural and remote LGAs (service B).