

Our activity work plan for 2025-29 - pilots and targeted programs

Updated 2025

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Greater Choice for At Home Palliative Care (GCfAHPC)

Aim of activity

The aim of this initiative is to:

- systematically improve palliative and end-of-life care for people who are approaching the end of life, and for their families and carers through:
 - increased knowledge and skills about advance care planning and general palliative care for primary care clinicians and Residential Aged Care Home (RACH) service providers including improved access to tools and resources for both clinicians and consumers around palliative care
 - increased capacity of the primary care workforce in Tasmania to provide quality palliative care and end-of-life care
- improve access for consumers to gain information regarding palliative and end of life care in Tasmania
- support increased collaborative activity with key system partners to facilitate a Compassionate Communities approach to palliative care in Tasmania.

Description of activity

The activities outlined below are planned to be implemented during 2025-29.

- Continue ongoing development of '*A Journey into Sorry Business*' toolkit and any educational tools to accompany this deliverable.
- Plan for and promote '*Grief Literacy*' resource in collaboration with Palliative Care Tasmania.
- Roll out second round of educational grants for palliative care education for primary care workforce.
- Ongoing engagement with key stakeholders, including but not limited to Tasmanian Department of Health and Palliative Care Tasmania, to raise awareness of national initiatives and opportunities for collaboration.
- Scope and implement activities for sustainability to improve service coordination and workforce capacity.
- Investigate improvement opportunities of the continuous quality improvement (CQI) toolkit for general practice.
- Continued delivery and ongoing development of palliative care education program for primary care, including consideration of existing evidence based post-graduate and continuing professional development programs.
- Maintain Tasmanian palliative care HealthPathways.
- Support the Tasmanian Department of Health, as required, in the roll out of the Community Pharmacy in Palliative Care Tasmania Project (ComPPaCT).
- Continue to support implementation and monitor and evaluate the identified activities.

Primary care enhancement for people with intellectual disability

Aim of activity

The aim of this activity is to enhance the primary health workforce and coordination of care in the management of people with intellectual disability (ID) through the implementation of co-design approaches, incorporating:

- increased awareness of ID workforce in Tasmania
- improved knowledge and skills to support and enhance healthcare for people with ID
- improved transition of children and young people from paediatric to adult services
- increased coordination of care at the interface between public hospitals, NDIS and primary care.

Description of activity

The activities outlined below are planned to be implemented during 2025-26.

- Deliver practice support activities, including:
 - delivering an online package of foundational modules focusing on inclusivity and underpinning knowledge, supported decision-making and transition from paediatric to adult health services
 - maintaining current and establishing, if needed, any identified new care pathways to intellectual disability health services
 - supporting GPs and other primary health care providers in providing better care for people with intellectual disability through continued access to Primary Health Tasmania's learning hub and intellectual disability resources.
- Support access to quality health care for people with intellectual disability by supporting coordination of care at the hospital interface.
- Share resources to support people with intellectual disability, their families and providers in accessing primary health care services and health promotion, including:
 - promotion of adult oral health resources for families/carers
 - adapting and promoting child oral health resources on how to provide oral hygiene support to children with disability.
- Develop resources to support health professionals, people with intellectual disability and families/carers move from paediatric to adult healthcare services.
- Support consumer, community and provider input through co-facilitation of workshops/education sessions and events with Speak Out Tasmania self-advocates.
- Participate in the evaluation of the Primary Care Enhancement Program.

Endometriosis and pelvic pain

Aim of activity

The aim of this activity is to:

- improve early access to diagnostic imaging for endometriosis and pelvic pain
- promote early access to intervention, treatment and management options of women living with endometriosis and pelvic pain
- increase support of Family Planning Tasmania to provide multi-disciplinary care to women living with endometriosis and pelvic pain.

Description of activity

The activities outlined below are planned to be implemented during 2025-26.

- Continue to commission Family Planning Tasmania to deliver increased access to endometriosis and pelvic pain clinics in three regions of Tasmania.
- Continue to commission Family Planning Tasmania to plan and deliver education and training support for primary care providers across Tasmania.
- Continue to engage with Family Planning Tasmania and support the implementation of activities identified as part of the local need assessment.
- Continue to support targeted delivery of advanced endometriosis and pelvic pain training for Family Planning Tasmania staff.
- Establish intrauterine device and endometriosis training for GPs.
- Maintain Tasmanian HealthPathways for primary care workers to assist in the management of women living with endometriosis and pelvic pain.
- Participate in the national evaluation of this program, commissioned by the Australian Government.

Family and domestic violence

Aim of activity

The aim of this activity is to increase capacity and capability of the primary care workforce to better care for victim-survivors of family and domestic violence and persons living with family and domestic violence to achieve:

- improved primary care system integration with the broader family, domestic and sexual violence (FDSV) service response system and health service navigation for victim-survivors of family and domestic violence
- increased primary care referrals to specialist support services
- increased access to appropriate services to support improved health outcomes for people experiencing family and domestic violence in Tasmania.

Description of activity

The activities outlined below are planned to be implemented during 2025-27.

To improve the primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of family and domestic violence, Primary Health Tasmania will:

- continue comprehensive engagement with key stakeholder across the primary care and FDSV sectors, developing and maintaining relationships seeking to identify opportunities to collaborate to improve patient outcomes, including formal access to advice and guidance in line with program governance arrangements
- continue relationships with primary care and Aboriginal Controlled Community Organisations to understand specific needs
- continue the commissioned service integrator (connector) roles to act as a conduit between primary care and specialist services
- continue to promote and improve access to family and domestic violence training for primary care clinicians to assist with early identification and intervention
- participate in the national program evaluation commissioned by the Australian Government.

Sexual violence

Aim of activity

The aim of this activity is to increase capacity and capability of the primary care workforce to better care for victim-survivors of sexual violence and persons living with sexual violence to achieve:

- improved primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of sexual violence
- increased primary care referrals to specialist support services
- increased access to appropriate services to support improved health outcomes for people experiencing sexual violence in Tasmania.

Description of activity

The activities outlined below are planned to be implemented during 2025-27.

To improve the primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of sexual violence, Primary Health Tasmania will:

- continue comprehensive engagement with key stakeholder across the primary care and FDSV sectors, developing and maintaining relationships seeking to identify opportunities to collaborate to improve patient outcomes, including formal access to advice and guidance in line with program governance arrangements
- continue relationships with primary care and Aboriginal Controlled Community Organisations to understand specific needs
- continue the commissioned service integrator (connector) roles to act as a conduit between primary care and specialist services
- continue to promote and improve access to sexual violence training for primary care clinicians to assist with early identification and intervention
- participate in the national program evaluation commissioned by the Australian Government.

Child sexual abuse

Aim of activity

The aim of this activity is to increase capacity and capability of the primary care workforce to better care for victim-survivors of child sexual abuse and persons living with child sexual abuse to achieve:

- improved primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of child sexual abuse
- increased primary care referrals to specialist support services
- increased access to appropriate services to support improved health outcomes for people experiencing child sexual abuse in Tasmania.

Description of activity

The activities outlined below are planned to be implemented during 2025-27.

To improve the primary care system integration with the broader FDSV service response system and health service navigation for victim-survivors of child sexual abuse, Primary Health Tasmania will:

- continue comprehensive engagement with key stakeholder across the primary care and FDSV sectors, developing and maintaining relationships seeking to identify opportunities to collaborate to improve patient outcomes, including formal access to advice and guidance in line with program governance arrangements
- continue relationships with primary care and Aboriginal Controlled Community Organisations to understand specific needs
- continue the commissioned service integrator (connector) roles to act as a conduit between primary care and specialist services
- continue to plan, promote and improve access to child sexual abuse training for primary care clinicians to assist with early identification and intervention
- participate in national program evaluation commissioned by the Australian Government.