



PRIMARY HEALTH TASMANIA EVENTS NOVEMBER 2025



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MD: Multidisciplinary

GP: General practitioners

AH: Allied health professionals

PN: Practice nurses

PM: Practice managers

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30						1
2	3 RECREATION DAY	4	5 Practice managers networking breakfast 7.30-9AM HOBART PM The gut, brain and mental health connection 6-9.30pm HOBART GP	6 Statewide mental health services weekly multidisciplinary grand rounds 1-2pm WEBINAR MD	7	8
9	10	11 Advanced training in suicide prevention 9am-3pm WEBINAR MD GPs clinical update: Sexual health 2025 6.30-8pm WEBINAR MD	12	13 Statewide mental health services weekly multidisciplinary grand rounds 1-2pm WEBINAR MD Team-based care for people with Parkinson's disease 6.30-8pm WEBINAR MD	14	15
16	17	18 National palliative care ECHO series – end of life care at home 2-3pm WEBINAR MD	19 Project ECHO: Alcohol and Drug Services Tasmania and Primary Health Tasmania 1-1.45pm WEBINAR MD	20 Statewide mental health services weekly multidisciplinary grand rounds 1-2pm WEBINAR MD Monoclonal Gammopathy of uncertain significance 6.30-8pm WEBINAR GP	21	22
23	24 National Lung Cancer Screening program for GPs 6.30-8PM WEBINAR GP	25	26	27 Statewide mental health services weekly multidisciplinary grand rounds 1-2pm WEBINAR MD	28 DEVONPORT SHOW	29



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PRACTICE MANAGERS Practice managers networking breakfast



Hobart

Wednesday 5 November
7.30-9am

An opportunity for practice managers to meet and connect with their peers.

GP CLINICAL EDUCATION The gut, brain and mental health connection*



Hobart

CPD accredited (RACGP & ACRRM 2.5 hours educational activities)

Wednesday 5 November
6- 9.30pm

Primary Health Tasmania and The Royal Australian and New Zealand College of Psychiatrists invite GPs and psychiatrists from Tasmania to join us for a presentation by Professor Felice Jacka where she will explore the latest evidence in nutritional psychiatry, with a focus on practical, evidence-based strategies that support brain health through dietary change. It will also examine the broader implications for prevention, early intervention, and precision medicine in mental health care. Professor David Castle will be facilitating an interactive Q&A as part of the evening and there will be an opportunity for networking over dinner.

*this event is at capacity and all new registrations will be added to the waitlist.

MULTIDISCIPLINARY

Statewide Mental Health Services grand rounds



Webinar

1-2pm

Thursday November 6
Thursday November 13
Thursday November 20
Thursday November 27

The Statewide Mental Health Services Tasmania multidisciplinary Grand Rounds, held in collaboration with the Centre for Mental Health Innovation and the Statewide Mental Health Services Education and Practice Development Unit, are open to all health professionals with an interest in mental health.

MULTIDISCIPLINARY

Advanced training in suicide prevention



Webinar

CPD accredited (RACGP & ACRRM 2.5 hours educational activities)

Tuesday November 11
9am-3pm

Primary Health Tasmania is partnering with Black Dog Institute to deliver a workshop focussed on building confidence in taking a detailed suicide history and developing a collaborative management plan to increase the safety of people planning suicide.

This program combines online interactive sessions, case discussion and self-directed learning modules.

MULTIDISCIPLINARY

GP clinical update: Sexual health



Webinar

CPD accreditation pending

Tuesday November 11
6.30pm-8pm

This is an annual educational update, organised by Primary Health Tasmania and the Tasmanian Sexual Health Service. This webinar will provide healthcare professionals with the latest updates and clinical guidance on key areas of sexual health and gender-affirming care in Tasmania. Topics that will be covered include the current epidemiology of sexually transmissible infections (STIs) in Tasmania, clinical aspects of syphilis, HIV post-exposure prophylaxis (PEP), and best practice approaches to Gender Affirming Care. The session is designed to support evidence-informed practice and improve health outcomes for diverse populations.

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program

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MULTIDISCIPLINARY

Team-Based care for people with Parkinson's disease: A guide for GPs, nurses, allied health professionals, and pharmacists

Webinar

CPD accreditation pending

Thursday 11 November
6.30-8pm

This second webinar in our Parkinson's disease (PD) series focuses on the important role of multidisciplinary healthcare in supporting people living with PD.

The primary care team—including GPs, nurses, allied health providers, and pharmacists—plays a key role in ensuring individuals with PD are referred to the right team members throughout the course of the disease.

Following diagnosis (covered in our [first webinar](#)), people with PD need ongoing support to understand PD and adapt as their disease progresses over time. This session will explore the roles of commonly involved team members, such as PD nurses, physiotherapists, occupational therapists, and speech pathologists, who will speak to their contributions at various stages of the disease.

This session will also discuss access to both public and private services available to support this care.

The session will conclude with an introduction to an exciting research initiative led by Professor Michele Callisaya, which aims to expand access to allied health services for all Tasmanians through innovative telehealth models.



MULTIDISCIPLINARY

National palliative care ECHO series – end of life care at home

Webinar

Tuesday 18 November
2-3pm

Palliative Care ECHO is a series of interactive case based virtual mentoring sessions that address a range of palliative care topics. The session will include a deidentified case discussion to provide a foundation for learning, along with a 10 minute lecture aimed to increase palliative care knowledge, skills and confidence in primary care health professionals.

Currently, monthly sessions are held via Zoom on the third Tuesday of every month – 2pm to 3pm.



MULTIDISCIPLINARY

Project ECHO: Alcohol and Drug Services Tasmania and Primary Health Tasmania

Webinar

Wednesday 19 November
1-1.45pm

Please join us for Project ECHO: Alcohol and Drug Services Tasmania and Primary Health Tasmania. This program offers a series of interactive, case-based virtual mentoring sessions designed to support health professionals in delivering care for people experiencing alcohol and other drug (AOD) issues.

The topic for this session is *Alcohol use disorders in primary care: engagement, assessment and management* with Dr Andrew Nolan. Each session includes a 10-minute didactic presentation and a deidentified case discussion to support practical learning.



GP CLINICAL EDUCATION

Monoclonal gammopathy of uncertain significance (MGUS)

Webinar

Thursday 20 November
6.30-8pm

Monoclonal Gammopathy of Uncertain Significance (MGUS) is an increasingly recognised incidental finding in general practice, particularly in the context of routine blood tests in older patients. While MGUS itself is often asymptomatic, it carries a risk of progression to more serious plasma cell disorders, including multiple myeloma. GPs play a critical role in the early identification, risk assessment, monitoring, and timely referral of patients with MGUS. This session will present the updated statewide guidance on the investigation and monitoring of paraproteins and MGUS, with a focus on when specialist referral is required. The webinar aims to equip GPs with practical, evidence-based knowledge to support confident decision-making in the assessment and management of these patients in primary care.



GP CLINICAL EDUCATION

National Lung Cancer Screening Program for GPs – additional findings in a Tasmanian context

Webinar

CPD accreditation pending
Monday 24 November
6.30-8pm

Following the launch of the National Lung Cancer Screening Program on 1 July 2025, this second session in our two-part webinar series, which will explore the broader clinical implications of low-dose CT screening.

This session is designed for general practitioners, and it will offer practical insights into the interpretation and management of additional findings identified during lung cancer screening. There will be presentations and an opportunity for discussion with colleagues in radiology, respiratory and cardiology at this event.



There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program

