



Strengthening the response to Family and Sexual Violence in Tasmania FAQ

Updated November 2025

Background

Primary Health Tasmania has received Australian Government funding for the Supporting the Primary Care Response to Family, Domestic and Sexual Violence Pilot. Primary Health Tasmania (PHT) has partnered with the Safer Families Centre at the University of Melbourne to deliver education that supports both clinical and non-clinical primary care staff in Tasmania to identify and respond to family and sexual violence.

How will the training work?

The training package will include both online and face-to-face education, offered for free to primary care providers in Tasmania including clinical and non-clinical staff. The first of three online education courses, Identifying and Responding to Domestic and Family Violence, is now available to access. This free course will attract Royal Australian College of General practitioners and Australian College of Rural and Remote Medicine continuing professional development (CPD) hours.

Why is Safer Families Centre delivering the training?

The Safer Families Centre is part of the Sexual and Family ViolencE (SAFE) program within the Department of General Practice and Primary Care at The University of Melbourne. The Safer Families Centre is committed to transforming health sector policy and practice responses to domestic, family, and sexual violence through research, training, support tools, and evaluation. Collaborating internationally and locally with researchers, practitioners and lived experience victim-survivors, they promote safety, wellbeing, and healing of families. You can read more about them here.

Why is the training package focusing on a 'whole of practice/service approach'?

Evidence shows primary care providers have a crucial role to play in addressing family violence. At least one in 10 women attending general practice will have experienced family violence. General practitioners are the highest professional group disclosed to by current survivors, even more than police. However, it is estimated a full-time GP sees up to five unidentified abused women per week. By tailoring the education to the whole practice, we are including non-clinical staff, who often play a vital part in recognising and responding to family and sexual violence. Non-clinical primary care providers are the first contact point for victim-survivors, either by phone or in person at the practice, and play a crucial part in recognising and responding to family and sexual violence in Tasmania.

What part of the training package is online?

Identifying and Responding to Family Violence module - available to access for free now

This module focuses on the nature, prevalence and impact of family violence and outlines how and when to ask about this sensitive issue and what to do when a patient discloses.

Sexual violence module – under development and will be launched early 2026

This module will be designed to focus on intimate partner sexual violence. This will involve trauma-and-violence informed support, validation of patient experiences, and concurrent safety planning and response to other co-occurring issues in the relationship.

Child sexual abuse module - under development

Stay tuned for more details to come.

What part of the training package is in person?

Pathways to safety workshops - rolling out across Tasmania in 2026

The *Pathways to safety* workshops are designed to enhance a whole of practice response. Skilled general practitioner facilitators will co-deliver the training with a family violence worker and a lived experience facilitator to clinical and non-clinical staff over a two hour face-to-face workshop. This workshop will be tailored to a local level, focusing on Tasmanian specific demographic and referral pathways. The workshop will focus on pathways and reinforce a team approach to recognition and referral. Participants of the workshop will receive CPD hours, tools and support for the whole of practice to effectively identify, respond and refer individuals and families experiencing family violence.

Masterclasses in child sexual abuse - rolling out across Tasmania late 2026

These sessions will complement foundational e-Learning and Pathways to safety workshops by functioning as a masterclass of content on both child and adult victim-survivors of child sexual abuse and implications for practice. Conducted over approximately two hours with interactions such as case studies, role plays, simulations, and/or panel discussions, these sessions would offer a nuanced exploration of complex topics.

Do I have to do all the training, or can I pick and choose which items to complete?

We encourage practice and service managers to sign up via this expression of interest (EOI) to ensure they don't miss out on any aspects of the package. You do not have to complete all aspects of the training package, but we would encourage you to do so. Ideally, we suggest at least one non-clinical staff member, one general practitioner, a practice nurse and practice manager attend the face-to-face sessions.

To participate in the *Masterclass on child sexual abuse*, you will be required to have completed the eLearning modules and the *Pathways to safety workshop*.

What else will you offer my practice or health service as part of the training?

The training package includes, but is not limited to, providing resources and guidance including:

- Posters to put on your practice or health service display boards, to show victim-survivors your practice is a safe place to disclose
- Check lists to help ensure the practice is equipped when victim-survivors disclose
- Clear referral pathways identified in the training but also through Tasmanian HealthPathways (an
 information portal designed to help primary care clinicians plan local patient care through primary,
 community and secondary healthcare systems).
- Supplied tools, background information, and circulation of other training opportunities.

Identifying and Responding to Family Violence eLearning module

What does the first eLearning module *Identifying and Responding to Family Violence* cover?

This module discusses the nature, prevalence and impact of family violence and outlines how and when to ask about this sensitive issue and what to do when a patient discloses. The module will assist you in assessing the level of patient risk and providing a first-line response including brief safety planning and options for support and referrals. It consists of approximately 90 minutes of interactive learning and self-assessment allowing you to work at your own pace, in your own time.

Who is encouraged to complete the *Identifying and Responding to Family Violence* module?

Primary care providers (both clinical and non-clinical health service staff) are encouraged to complete the module. The module is:

- Designed for GPs and other primary care providers
- · Relevant for practice managers, reception and administrative staff
- Offers practical ways to strengthen skills in identifying and responding to family violence
- Provides tips for best practice response and referral
- Enhances understanding of what can be achieved in the primary care setting to better respond to and support patients who may be experiencing family violence

Does the eLearning module *Identifying and Responding to Family Violence* have CPD attached to it?

This is a Royal Australian College of General Practitioners and Australian College of Rural and Remote Medicine accredited CPD Education Activity (1.5 hours). You can request a certificate after completion on the module. Allied health professionals and practices nurses will be able to self-report CPD.

How do I access the *Identifying and Responding to Family Violence* eLearning module?

- Clicking the ENROL button will take you to an order and enrolment form (you will not be charged).
- Once you complete the forms and check out of your shopping cart, you will receive two
 confirmation emails from the University of Melbourne (Your University of Melbourne order
 confirmation and Invoice for your University of Melbourne order). These emails can be ignored.
- To access the eLearning module please wait for a **Welcome to the Learning Portal** email from mobile-learning@unimelb.edu.au and then click the **'Access Here'** button.
- Please check your junk mail if you do not receive your 'Welcome email' within 15 minutes.
- Once activated, you can access the module at any time you wish. Please bookmark the learning
 portal link: https://mlu-portal.mdhs.unimelb.edu.au so you can return to the course whenever
 required using the login and password provided to you upon enrolment.
- Royal Australian College of General Practitioners and Australian College of Rural and Remote
 Medicine CPD hours for GPs are administered once you have completed the module and
 answered all the mandatory assessment questions. You can then make a request for a
 Completion Certificate.

If you have any issues enrolling, please contact mobile-learning@unimelb.edu.au