



PRIMARY HEALTH TASMANIA EVENTS FEBRUARY 2026



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An Australian Government Initiative



MD: Multidisciplinary	GP: General practitioners	AH: Allied health professionals	PN: Practice nurses	PM: Practice managers		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 END OF TASMANIAN SCHOOL HOLIDAYS	5 Practice managers networking breakfast 7.30-9AM HOBART PM	6	7
8	9	10 Immunisation general practice nurse seminar 2-5PM DEVONPORT PN	11 Immunisation general practice nurse seminar 9AM-12PM LAUNCESTON PN	12 Practice managers networking breakfast 7.30-9AM WYNARD PM	13	14
15	16 Project ECHO: Alcohol and Drug Services Tasmania and Primary Health Tasmania 1-1.45PM WEBINAR MD	17 Immunisation general practice nurse seminar 9AM-12PM HOBART PN	18	19	20	21
22	23	24 Chest pain in general practice - assessment, investigation and referral pathways 6.30-8PM WEBINAR GP	25	26	27	28



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PRACTICE MANAGERS

Practice managers networking breakfast

HOBART – Thursday 5 February
Hamlet, 40 Molle St, Hobart
7.30-9am

INVERMAY – Wednesday 11 February
Grain of Silos, 89 Lindsay St, Invermay
7.30-9am

WYNYARD – Thursday 12 February
The Vault, 7 Goldie Street, Wynyard
7.30-9am

An opportunity for practice managers to meet and connect with their peers.

MULTIDISCIPLINARY

Mindfulness for mental health and chronic pain management

CPD accredited (RACGP 1.5 hours educational activities
ACRRM 1.5 hours educational activities pending)

Webinar
Tuesday 17 February
6.30-8pm

This session will provide an overview of the content, science and mechanisms for evidence-based mindfulness courses for stress, anxiety, depression and chronic pain. It will also explore when and how to recommend this intervention for patients presenting with mental health and chronic pain concerns. The presenters are GPs and psychologists, with specialities in mental health clinical practice and chronic pain management.



PRACTICE NURSE

Immunisation general practice nurse seminar

DEVONPORT – Tuesday 10 February
Paranaple Arts Centre Market Square, 145 Rooke St, Devonport
2-5pm

LAUNCESTON – Wednesday 11 February
The Tramsheds Function Centre, 4 Invermay Rd, Invermay, Launceston
9am-12pm

HOBART – Tuesday 17 February
RACV Hotel, level 1/154-156 Collins St. Hobart
9am-12pm

Join us at a seminar jointly delivered by Primary Health Tasmania (PHT) and the Communicable Disease Prevention Unit (CDPU), Department of Health Tasmania. Designed specifically for general practice nurses, these seminars address the topics most requested in the recent practice nurse poll and provides practical guidance, updates, and resources to support your essential role in immunisation delivery across the state.

These sessions are a great opportunity to connect with peers within the primary care workforce, with CDPU staff as well as support personnel from PHT. We recognise that many practice nurses work in isolation, so this is an opportunity to come together, share experiences, and build professional networks while hearing directly from subject matter experts, including the Clinical Nurse Consultants from CDPU.



MULTIDISCIPLINARY

National Palliative Care ECHO series – What's the big deal about the 4 core palliative care medicines?

Webinar
Tuesday 17 February
2-3pm

Palliative Care ECHO is a series of interactive case based virtual mentoring sessions that address a range of palliative care topics. The session will include a deidentified case discussion to provide a foundation for learning, along with a 10 minute lecture aimed to increase palliative care knowledge, skills and confidence in primary care health professionals.

Currently, monthly sessions are held via Zoom on the third Tuesday of every month – 2pm to 3pm (AEDT).



MULTIDISCIPLINARY

Project ECHO: Alcohol and Drug Services Tasmania and Primary Health Tasmania

Webinar
Wednesday 18 February
1-1.45pm

Please join us for Project ECHO: Alcohol and Drug Services Tasmania and Primary Health Tasmania. This program offers a series of interactive, case-based virtual mentoring sessions designed to support health professionals in delivering care for people experiencing alcohol and other drug (AOD) issues. Topic for this session: Cannabis dependence and withdrawal – non prescribed and medicinal in primary care with Dr Josh Perrett.



There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program



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MULTIDISCIPLINARY



Cardiology at the interface of primary and secondary care: Chest pain in general practice- assessment, investigation and referral pathways

CPD accreditation pending (RACGP & ACRRM 1.5 hours educational activities)

Webinar

Tuesday 24 February

6.30-8pm

This session will provide an overview of the assessment and management of chest pain in general practice, focusing on risk-based assessment, appropriate investigations and interpretation of contemporary cardiac tests. It will also explore referral and rapid access pathways to support timely specialist input and highlight opportunities to identify and address cardiovascular risk factors during assessment to reduce future events.

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program