



PRIMARY HEALTH TASMANIA EVENTS MARCH 2026



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MD: Multidisciplinary

GP: General practitioners

AH: Allied health professionals

PN: Practice nurses

PM: Practice managers

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Aged care reform update- restrictive practices 6.30-8PM WEBINAR MD	4	6	7
8	9	10	11 Recognition and Response to the Abuse of Older People for Tasmanian Health Professionals 6.30-8PM WEBINAR MD	12	13	14
15	16	17 Winter Immunisation update 2026: Influenza, RSV and COVID-19 6.30-8PM WEBINAR MD	18 Practice managers networking breakfast 7.30-9AM SANDY BAY PM	19 Connect and learn: Allied Health Networking Breakfasts 7.30-9AM LAUNCESTON AH	20	21
22	23	24 Pathways to safety – clinical workshop southern Tasmania 5.30-9PM HOBART GP	25 Practice managers networking breakfast 7.30-9AM DEVONPORT PM	26 Connect and learn: Allied Health Networking Breakfasts 7.30-9AM HOBART AH Practice managers networking breakfast 7.30-9AM LAUNCESTON PM	27	28
29	30	31				



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MULTIDISCIPLINARY

Aged care reform update – restrictive practices

Webinar

CPD accredited (RACGP & ACRRM approved 1.5 hours educational activities)

Wednesday 4 March
6.30-8pm

This session will cover restrictive practice legislation for older people receiving Aged Care. There are many myths around the roles and responsibilities of the GP in Aged Care. The session will clarify the prescriber roles and responsibilities around psychotropic medications and chemical restraint. It will also explore other types of restrictive practice and explore how you can support aged care providers to meet legislative requirements and minimise the inappropriate use of restrictive practices.



MULTIDISCIPLINARY

Recognition and Response to the Abuse of Older People for Tasmanian Health Professionals

Webinar

CPD accredited (RACGP & ACRRM approved 1.5 hours educational activities)

Wednesday 11 March
6.30-8pm

This session will provide information to health professionals about elder abuse, how to identify signs of elder abuse, discuss the difference between elder abuse and family violence, and explore current barriers and challenges in seeking help and reporting of elder abuse.



ALLIED HEALTH

Networking: Connect and Learn Breakfasts for Allied Health Professionals

LAUNCESTON – Thursday 19 February

The Sebel Launceston Hotel, Cnr of St John and William St, Unit 12/14 St John St, Launceston
7.30-9am

HOBART – Thursday 26 March

RACV Hobart, Level 1/154-156 Collins St, Hobart TAS 7000
7.30-9am

DENONPORT – Thursday 16 April

Paranple Convention Centre, Market Square, 137 Rooke St, Devonport TAS 7310
7.30-9am

Primary Health Tasmania invites allied health professionals working in primary care across Tasmania to attend our Connect and Learn Breakfasts, a new series of face-to-face networking and learning sessions designed to strengthen connection, collaboration and integration across the allied health sector. These sessions will be held in the north-west, north and south of the state. The content of this first iteration of connect and learn breakfasts will include sharing who Primary Health Tasmania is, what we do and the supports we can offer. These sessions encourage collaboration, promote understanding of local health needs, and support the development of integrated, person-centred care approaches across Tasmania.



MULTIDISCIPLINARY

Winter Immunisation update 2026: Influenza, RSV and COVID-19

Webinar

CPD pending (RACGP & ACRRM 1.5 hours educational activities)

Tuesday 17 March
6.30-8pm

This session will provide a comprehensive overview of acute respiratory infection epidemiology, including expectations for 2026, and current clinical guidance concerning influenza, RSV and COVID-19 immunisation programs. This session will highlight current clinical advice, including what's new or changing, to inform you ahead of winter.

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program





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PRACTICE MANAGERS

Practice managers networking breakfast



SANDY BAY – Wednesday 18 March

Sisterhood, 4/48 King St, Sandy Bay

7.30-9am

DEVONPORT – Wednesday 25 March

Playfish Cafe, 53 Forbes St, Devonport

7.30-9am

LAUNCESTON – Thursday 26 March

Tatler Lane, 5/74-82 St John St, Launceston

7.30-9am

An opportunity for practice managers to meet and connect with their peers.

GENERAL PRACTICE AND PRACTICE NURSE



Pathways to safety – clinical workshop southern Tasmania

Hotel Grand Chancellor

Ground Floor, 1 Davey Street, Hobart

CPD pending (RACGP & ACRRM 1.5 hours educational activities and 1.5 hours of reviewing performance)

Tuesday 24 March

5.30-9pm

General practitioners and clinical staff are the highest professional group disclosed to by individuals experiencing family and sexual violence, yet many feel they lack the resources, confidence or strategies to respond safely and effectively. Evidence shows a full-time GP may see up to five unidentified women experiencing abuse each week. Pathways to Safety workshop, developed by the Safer Families Centre, the University of Melbourne, is a practice-centred education program designed to strengthen the clinical skills required to recognise, respond and refer patients experiencing family and sexual violence using a trauma- and violence-informed approach.

This workshop will provide practical tools and knowledge to help distinguish patients presenting with signs of family and sexual violence, assess safety risks, apply appropriate first line responses and connect patients and families with appropriate services.

Additional workshops for non-clinical practice staff will be offered to provide a whole-of-practice approach to addressing the issue of family and sexual violence. Details can be found here: [Non-clinical session](#)

Don't live in Hobart? Please submit an expression of interest to be notified when a workshop will be held in your area via [this form](#).

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